



Antioch News

93rd YEAR No. 41

FIFTEEN CENTS

Incumbents win school board elections

All incumbents and those candidates who were uncontested won school board of education elections held last Saturday for Antioch High School, District 34, Grass Lake and Emmons grade schools.

At Antioch High School, incumbents Charles Forster and Frank Johnson won three-year terms on the board.

The vote totals were: Forster 293, Johnson 259, and Maryanne Kaht 238, High School Supt. Warren Polley said.

IN DISTRICT 34 elections, including Antioch Upper Grade, Lower Grade, Oakland and Channel Lake Schools, three-year terms were won by the two incum-

bents running, Jimmy Quedenfeld and Sidney Parker.

Vote totals were as follows: Quedenfeld, 305, Parker 273, Mary Ann Doyle 182, and Melody Fahrner 160. A total of 484 ballots were cast.

IN A HOTLY CONTESTED race at Grass Lake School, all board incumbents won re-election to the board. Henry Nohava and Mary Beth Walsh won three-year terms and Gregory LaPlante won a one-year term.

Vote totals as reported by Supt. Richard Hogan were, for three year terms: Walsh 194, Nohava 153, Wayne Cramer 93, Mike

Malik 87 and James Harris 65.

For a one year term, the vote total was: LaPlante 194, and Patricia Sherwood 112.

AT EMMONS, where the three candidates ran uncontested, the vote totals were: Richard Becker, 25, Sheila McKin-

ney 25 and Jan Ranney 29. Becker was the incumbent on the board while McKinney and Ranney were newcomers.

Two former board members, Sophie Thain and Ruth Duha, did not seek re-election.

3 village trustees ran unopposed

Voting was still underway for three village trustee posts when the Antioch News went to press at 2:30 p.m. yesterday.

Polls opened at 6 a.m. at the two precincts, at the Village Hall and the Scout House, and were scheduled to close at 6 p.m.

Three incumbent trustees were running

unopposed for re-election to four-year terms under the Citizen's Party.

They included: William Seemann, a five-year veteran of the board, Arnold Weber, a board member for the past eight years, and Edgar Simonsen, an eight-year board veteran.

At village meeting:

8 percent salary hike, 2 resignations okayed

by Sue Nasenberry

An eight percent salary increase for all village employees was okayed, two letters of resignation were approved and the resurfacing of Main Street was one step closer to getting underway at the village board meeting Monday night.

Trustee Don Amundsen, chairman of the finance committee, said the eight percent cost of living increases for all village employees would become effective May 1.

Two letters of resignation were also approved, for Stuart Good, a member of the Plan Commission for the past four years and Clifton A. Houghton, Jr., chairman of Antioch's Park Commission for the past six years.

Good's term as a member of the Plan Commission had expired and he had requested not to be re-appointed. Mayor Michael Blakey explained, Good said in his letter to the mayor that his term on the commission had been interesting and enlightening.

Houghton explained in his letter to the board that he found he no longer had sufficient time to devote to his duties as chairman. He also thanked the village for its continual support of the park and recreation programs.

Regarding the Main Street improvement project, the board approved an agreement with the state's Department of Transportation for picking up the village's share of the cost of re-surfacing.

Main Street is scheduled to be completely re-surfaced from Bns. 173 to North Avenue — a major project which would include stripping off the blacktop, re-installing storm drainage and modernizing the traffic light at Lake and Main Streets.

Trustee Vern Burnstable said the state agreed to pay for the resurfacing along the main route and the village would pick up the cost of repaving the lanes used for parking along the street.

The entire project is estimated at \$373,750 and the village's share is about \$33,012.

If the Public Works department approves the final plans for the project, it could be underway by this summer, Supt. of Public Works Walt Shepard had said.

ALSO AT THE meeting:

- The board agreed to the purchase of two new squad cars for the Antioch Police department. Two of the old squad cars, which are 1975 models, will be traded in. Police Chief Chuck Miller explained.

Bids for the squad cars will be advertised and then opened on May 7.

- The board okayed sending Lt. Tom Fisher to a police supervisory school at the Springfield Police Academy for a two-week course beginning in late July, at a cost of about \$500.

Also, Civil Defense Director Ed Frazier will be sent to a seminar in that field in Springfield from April 23 to 25 at a cost of \$300, board members said.

- Trustee Arnold Weber, chairman of the Health, Animal and License committee said the review and approval of liquor licenses for 1979-80 will be approved at the adjourned village board meeting on April 30.

- Robert Wilton's petition for the rezoning of his property at 820 Main Street from multiple residential to business was okayed by the board.

- The board approved a preliminary plan for the Benet Estates subject to receipt of school and park donations.

- The purchase of Turbidimeter Laboratory equipment for the Sanitary Plant from the sewer extension and improvement fund was approved at a cost of \$976.

- The annual Memorial Day parade was okayed and will be held from 10 a.m. to 11 a.m. on May 28.

- Village Clean-Up Week will be held

Please turn to page 7



Free wheelin'

PART OF EASTER vacation means getting outside and having some fun, and maybe helping to teach your little sister how to ride a bike. And Keith Garden, 7, is trying to do just that with his four-year-old sister Michelle along the sidewalk on Hillside Ave. (News photo by Sue Nasenberry.)

Community Calendar

APRIL 1979
 SUN MON TUE WED THU FRI SAT
 1 2 3 4 5 6 7
 8 9 10 11 12 13 14
 15 16 17 18 19 20 21
 22 23 24 25 26 27 28
 29 30

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WEDNESDAY, APRIL 18

Antioch Township Republican Club
 Lakeside Rebekah Lodge Legion Hall - 8 p.m.
 Lake County Health Dept. Immunization Clinic at St. Peter's, 9 a.m. to 11:30
 Antioch Woman's Club Luncheon & Show - 10:30
 "Swing to Spring" Dinner/Fashion Show - Tower Room

THURSDAY, APRIL 19

Women of the Moose - 8 p.m.
 Order of Rainbow for Girls - Masonic Temple, 7

FRIDAY, APRIL 20

Taws & Paws Square Dance - American Legion, 8

SATURDAY, APRIL 21

Las Vegas Night at Antioch Auction Center, 7 p.m.
 PM&L presents "I Remember Mama" 8:30 p.m.

MONDAY, APRIL 23

Antioch Garden Club - First Bank, 12:30
 Lindenhurst Village Board - 8 p.m.
 Antioch Township Democratic Club - First Bank
 Tryouts for PM&L's "Picnic" 7:30

APRIL

25 - Card Party & Desert Luncheon - Antioch Womans Club at Harbor Ridge County Club, 12:30
 26 - Homemakers '79 Cooking Show - Upper Grade School
 27&28 - PM&L presents "I Remember Mama" 8:30
 28&29 - Chain-O-Lakes Woodchippers Wood Carving Show at Lakehurst
 29 - Spring Band Concert

MAY

4&5 - PM&L present "I Remember Mama" 8:30
 19 - Cystic Fibrosis Bike-A-Thon
 20 - St. Ignatius Spaghetti Dinner

JUNE

2 - Cotillion - The Abbey

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MEMBERS OF THE CHAMBER of Commerce and Industry's Retail Committee who are organizing the "Mother of the Year" contest open to grade school students, are from left, Susan Siwula, Don Marksi,

committee chairman, Dixie Sparks, executive secretary of the Chamber, and LoAl Clark of Park Avenue Gallery. Deadline for entries in the first-ever contest for Antioch is April 30.

Huge prize list awaits 'Mom of the Year'

Antioch gradeschoolers from first through eighth grade have less than two weeks left before the entry deadline in the first-ever "Mother of the Year" contest sponsored by the Antioch Chamber of Commerce and Industry.

Any student in any of the Antioch area gradeschools will have the opportunity to write, in about 25 words, why they think their mom is the greatest. And if their entry is judged the best, they will win a huge assortment of prizes for her.

Contest entry blanks are available at all of the grade schools, contest co-chairman LoAl Clark said, and the deadline for all essays is April 30.

Students may also use their own paper for the essays and accompany it with their name, address, age and phone number. The essay must start out: "My mom is the greatest because..."

All entries must be sent or dropped off at the Antioch Chamber of Commerce and Industry office, 880 Main St., Antioch.

The "Mother of the Year" and her son or daughter who writes the best essay will also appear in the Antioch News on May 9, just before Mother's Day.

Entries will be judged by creativity, originality and aptness of thought, Dixie Sparks, executive secretary of the Chamber said.

About 50 Antioch merchants and businesses have donated prizes for the "greatest mom," Don Marksi, initiator of the contest said.

Any Antioch Chamber businesses that are interested in donating prizes are welcome to participate, Marksi added. They should contact the Chamber at 395-3381.

Antioch area merchants contributing to the contest include:

Ipsen Village Cleaners, Johnson Jewelers, Kings Drug Store, Lake Area Barber Shop, Lang's Fishing Center

(Dolly's), Lasco's Florist, McDonald's, Park Avenue Gallery, Pin & Pleat, Polson's Dietary Foods, Quaker Industry, Ray's Shell, Reeves Walgreen Agency.

Also, Regal China, Roland's Bakery, Sears, The Shoe Box, Stanley's Mens Fashions, Thompson's Restaurant Val & Dale's Ahoy Mate, The Village Pub, Western Auto, White's Ice Cream Parlor, Gilded Cage, Pickard China.

Also, Antioch Bowl, Antioch Drugs, Antioch Travel, BJ's Fashions, Barnstables, Ben Franklin, Bernie's Deli, The Brauhaus, Canton Tea Garden, Country House, DeGraff's Shoes, EJ's Camera Shop, Erickson's Sewing Center, Foremost Liquors, Four Squires, Gibbs & Janssen's Carousel, Globe, Hahn Jewelers, Haley Brothers Cleaners, Harbor Ridge, State Bank of Antioch.

Marriott's Great America has removed its free family pass from the prize list.

Township office sets hours

New hours for the Antioch Township office on Rte. 173 have been announced.

to be effective the first week in May.

The township office will be open five days a week, Monday through Friday from 9 a.m. to 4:30 p.m. and will be closed Saturdays.



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Gantar appointed business manager for Miss Antioch

Lillian Foreman, the reigning Miss Antioch, attended the Miss Elgin Pageant this past weekend along with Brad Ipsen and Marlo Good, co-chairman of the Miss Antioch pageant.

Lillian and several other reigning queens were introduced on stage at the pageant.

The Miss Antioch Pageant committee met this past week and reported that it appointed Alice Gantar as business manager for Miss Antioch.

In that capacity, Alice will handle Miss Antioch's scheduling, publicity and any other business affairs that might arise. Gantar

can be reached at 395-3310 if needed.

The committee said local businesses will be contacted during April and May by the Heritage Publishing Company on behalf of the Miss Illinois Pageant for advertising space in the Miss Illinois Pageant program book.

The committee said it appreciated all the support from the community and urged continued participation in the Miss Illinois Pageant.

The money donated helps finance the scholarships presented to the winners of the pageant, they explained.

April Cancer Crusade goal is \$277,800

Robert O. Peckinpaugh, M.D., Abbot Laboratories, as President of the Lake County Unit of the American Cancer Society, and as Chairman of the Unit's Early Detection Committee has a keen interest in both the educational and financial success of the 1979 April Cancer Crusade.

The Lake County Unit portion of the Illinois Crusade Goal of \$5,900,000 is \$277,800. "The educational goal of the 1979 Crusade is to make people aware," said Peckinpaugh, "of the importance of early detection of colon cancer. This cancer is highly curable when discovered early."

"And yet" he continued "today more people are dying of cancers which can be prevented or cured than are dying of cancers for which there are no answers. For this reason the Cancer Society is greatly accelerating its programs in prevention and early detection."

The volunteers have a goal. It is to inform 56,000 Lake County households of the risk factors for cancer of the colon and of a simple screening test, called a Hemocult Test.

This information is contained in the leaflet, "Put Yourself to the Test" being distributed throughout Lake County by 5,300 Cancer Crusaders."

"This simple do-it-yourself Hemocult Test is available to the public during April for a nominal \$3 fee. Requests for kits can be mailed to clinical laboratories of either American International Hospital, Zion, or St. Therese Hospital, Waukegan."

"This cancer strikes as many women as men, so it's important that everyone ... especially those over 40 ... have this test once a year," Peckinpaugh continued.

"And, sadly enough, one in 20 Americans will get this cancer, so I urge everyone to protect themselves by taking part in this early screening program. A stamped self-addressed envelope is all that is necessary to send along with a check payable to the facility," he concluded.

The leaflet, "Put Yourself to the Test" may be obtained without cost by calling the Lake County Unit Office of the Cancer Society at 2835 Belvidere, Waukegan.

Attention Businessmen

April 22 to 28 is National Secretaries Week. Be sure to feature your secretary along with the many others in Antioch who will be photographed.

Don't delay — your "Gal Friday" deserves to be featured in this special section.

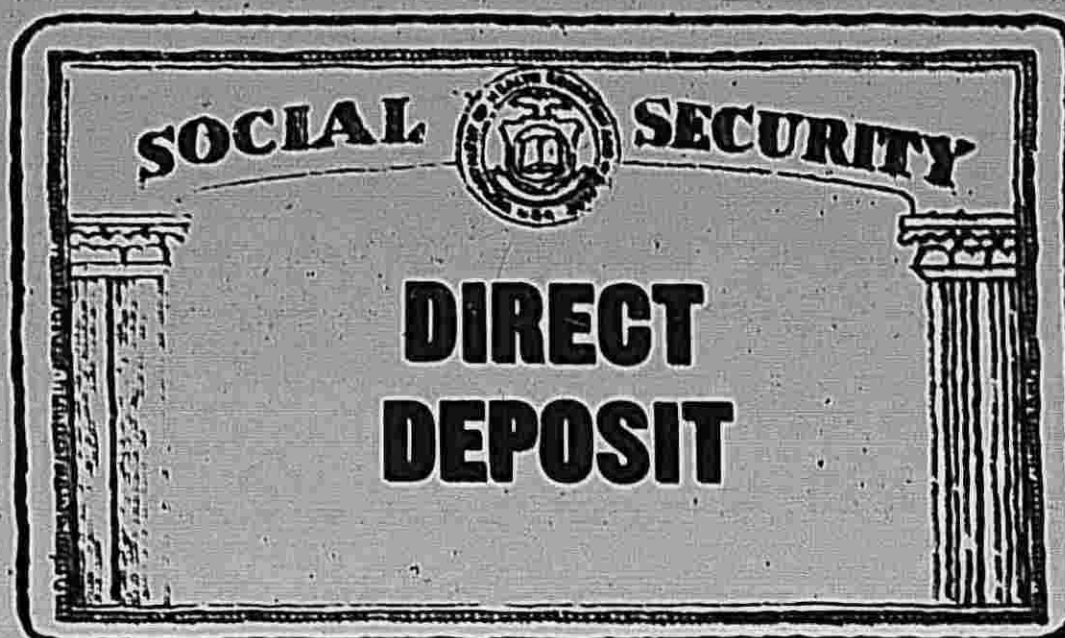
National Secretaries Week

APRIL 22-28



for complete details CALL

Linda Walker at **395-5755**



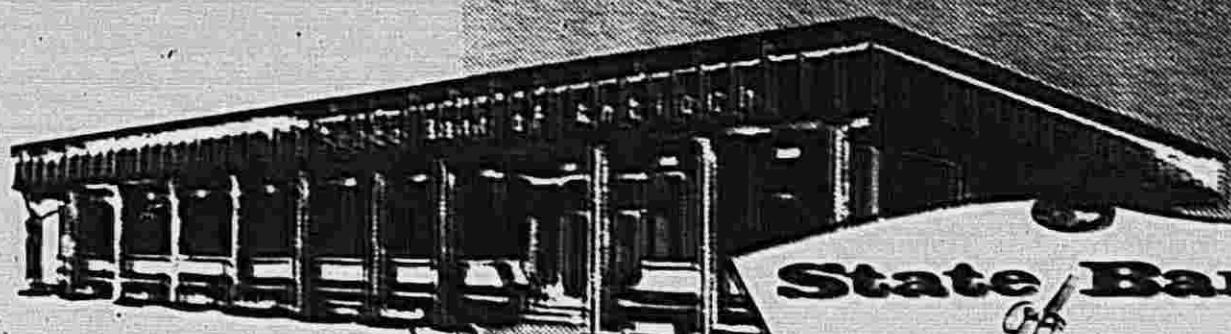
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Letter

Not fair to fire teachers

Editor:
I am writing to complain about the teachers being fired. They should grade teachers on how well they teach, not on how long. There can be a terrific teacher that has worked at the school for only one year and then is fired. It's not fair!!

If they had started this when school first started, teaching would not be a career it would be a one year job. They went through years of college to be a teacher.

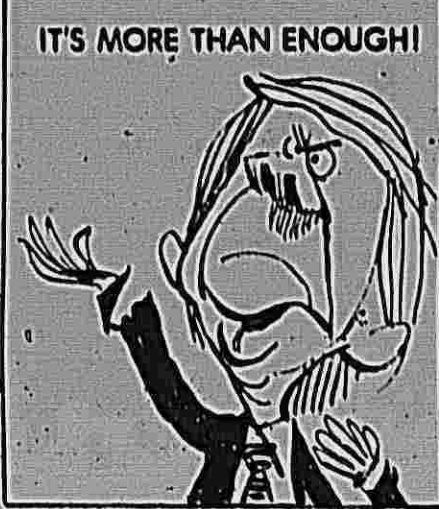
If it's just a one year job they went through college to be a teacher for nothing. Let's say you were a teacher and you let your students run wild and you were there for 10 years. Then some real good teacher was there for one. Now you're the Superintendent, which would you fire?

The bad one there for 10 years or the terrific there for one year. They should grade teachers by how they teach not how long they have taught. Sometimes old teachers don't keep their teaching skills up to date. It is not Fair!!!

Ellen Lee

5th Grader, Oakland Grade School

[Editor's Note: This letter was signed by other members of the fifth grade class at Oakland, including Dana Ward, Susi Belli, Darleen Johnson, James Zoephel, Pat Brukes, Larry Rogers, Denise Borst, Tim Cook, Julie Gutke, Jeff Gutke, Dennis Moore, Adam Lelf, Mike Larry, Allen Block, Lisa Mueller, Mike Mueller, Mike Olschager, Mike DiSalatore, Bridget Gallagher and Jessica Druktanis.



Democrats to hold annual fund-raiser

Lake County Democrats will hold "A Salute to Working People" at its annual fund-raising dinner to be held Friday, May 4, at the Green Brier Ballroom in Waukegan, according to County Chairman John S. Matijevich.

He said that the Democratic Party has always fought for the best interests of working people, and the theme of the dinner is to honor those people who have long been the back-bone of the Party.

Robert Johnston, Regional Director of the United Auto

Workers Union, will be the key-note speaker at the dinner.

James Lumber and State Rep. Daniel M. Pierce are co-chairmen of the function, which has been the principal fund-raiser for local Democrats. They said that local labor leaders have joined their Committee to cooperate and guarantee a good turn-out for the event.

They said that anyone who might be interested in tickets for the \$25 per person dinner should call the Lake County Democratic Headquarters at 244-2870.

Non-smoker protection proposed in House

State Rep. Ron Griesheimer (R-Waukegan) has introduced House Bill 1517 calling for laws which will protect the rights of non-smokers in the State of Illinois.

The bill would create a requirement that certain public facilities provide areas in which smoking would be prohibited.

Rep. Griesheimer has introduced similar bills in two prior legislative sessions. In each case the bill passed the legislature by substantial majorities only to be vetoed by first Governor Walker, and then last year by Governor Thompson.

"The State of Illinois has created protective health laws in almost every area. While we have worked to clean up our environment and have even taken action to prohibit certain members of our society from access to alcoholic beverages and drugs, the State has wholly failed to take action to protect the rights of non-smokers.

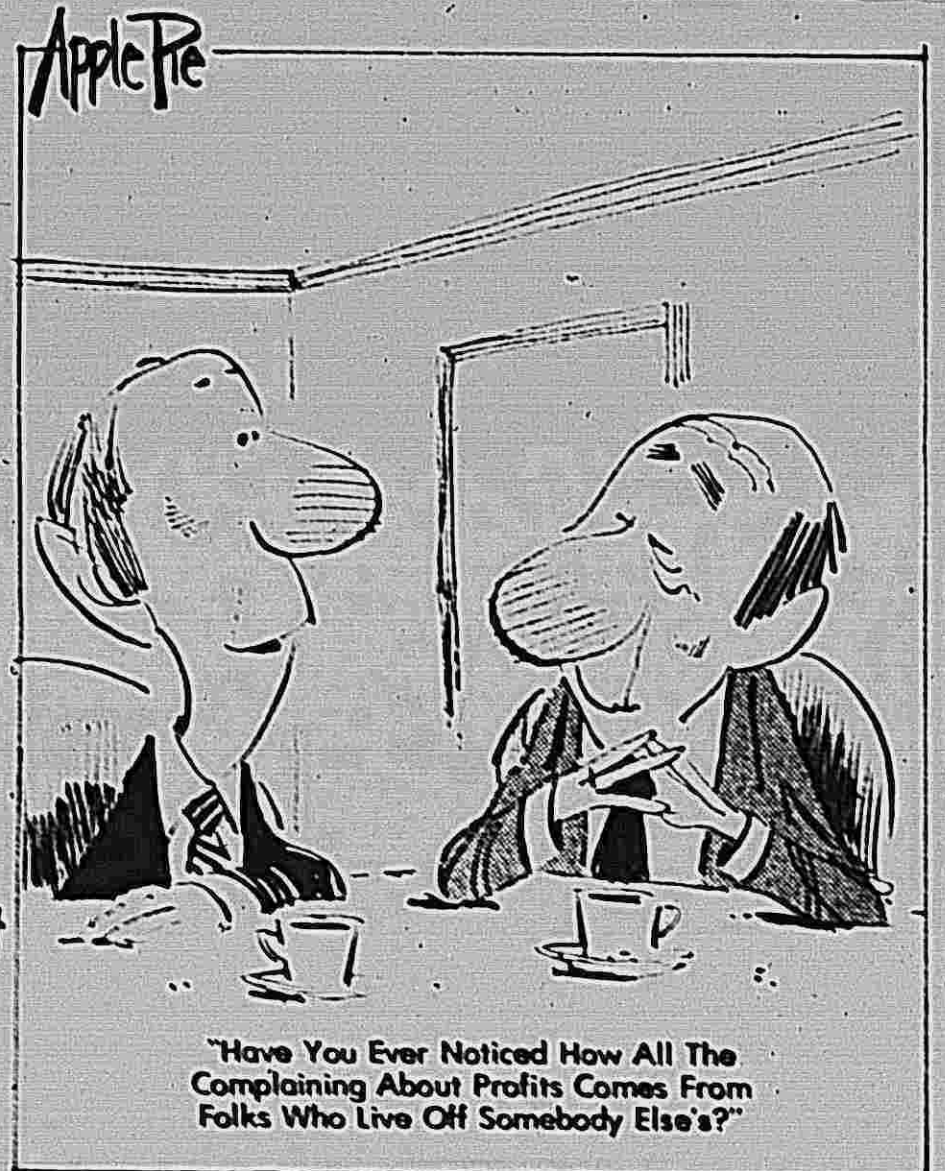
"Thousands of citizens of this State are severely afflicted with diseases which prevent them from coming in contact with any form of tobacco smoke. Since most public buildings make no provision for these non-smokers, they are practically barred from using these public facilities," he said.

"The rights of non-smokers to be free of tobacco smoke is as much a guaranteed right of our society as the right of smokers to consume tobacco products. The present bill would only formalize and secure the rights of non-smokers," Griesheimer added.

"Gov. Thompson's veto of the bill last session was an unfortunate and unexpected act. Relying upon information believed to be given him by the tobacco industry, he stated that the bill would be unenforceable, would create a bureaucracy, and would have had effects upon hospital administrators.

"None of his arguments coincided with the facts while his veto complied with the desire of the tobacco industry. With the established relationship of smoking to the incidence of cancer, the insensitivity of any public official to take action on the question of at least protecting non-smokers from tobacco smoke is an illogical strike at public health," he said.

Rep. Griesheimer indicated that he anticipates the continued support of the Heart, Lung and Cancer Societies for the bill. He is presently working with the Illinois State Medical Society seeking their support for the bill.



McClory supports direct election of president

Congressman Robert McClory (R-13th, Illinois) has introduced a resolution in Congress proposing a constitutional amendment to provide for the direct election of the President and Vice-President.

Rep. McClory pointed out that "adoption of the direct election reform will eliminate a number of problems inherent in the present system, not least that of the 'faithless' electors, members of the Electoral College who do not cast their votes in accordance with the popular vote."

Another unwelcome possibility under the present system, according to McClory, is the election of a minority president, one who receives more electoral votes but fewer

popular votes than his opponent. This happened in 1876 and again in 1888.

Citing the Presidential election of 1824 as an example, McClory also warned against the danger of elections being decided by the House of Representatives when no candidate receives the necessary 270 electoral votes.

He said, "Under the present system, if an election is thrown into the House, large states like Illinois and small states like Delaware each have one vote. This presents obvious opportunities for political chicanery and the election of a minority president."

The constitutional amendment proposed by McClory would insure that the candidate winning the popular vote would become president, assuming he got at least 35 percent of the vote.

If no candidate received 35 percent of the vote, there would be a runoff between the top two vote-getters. According to McClory, "this amendment would cure the defects in our present system while at the same time, in the opinion of experts who have studied the matter, it would discourage splinter parties and therefore strengthen the two-party system."

Property valuation appeal set

Lucille Schrader, 39679 N. Circle in Antioch, will appeal in the Lake County Court House in Waukegan April 27 on the assessed valuation of her property located at the same address.

Her appeal will be heard at 9:30 p.m. by the Property Tax Appeal Board according to John K. Morris, board chairman. It will be open to the public.

"Civilization is a limitless multiplication of unnecessary necessities." Mark Twain

A newspaper dedicated to people marching to their own drummers.



The Antioch News

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ANTIOCH, ILLINOIS 60002

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Some 'hometown newspapers' are 'skippable' ... but

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- () \$6.50 for one year.
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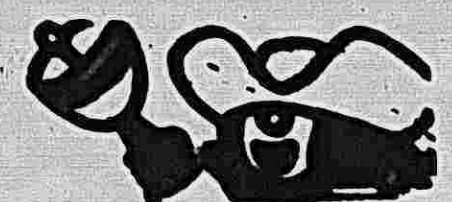
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The Antioch News

is easier to read
than to skip.

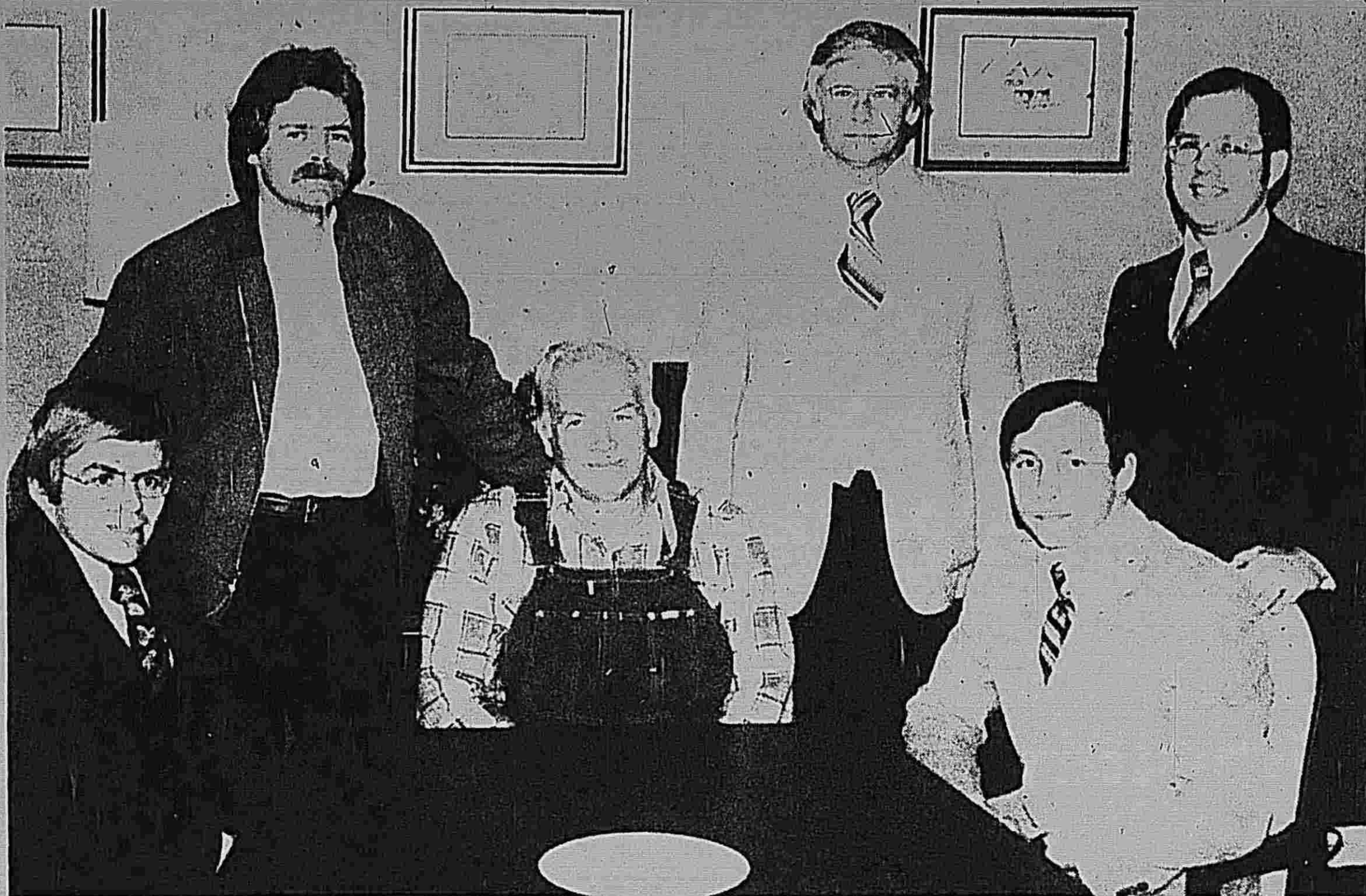
Names in the NEWS

JO ANNA LARSON, Antioch, Antique Furniture and Decorative Arts Appraiser, recently received her member designation which was approved by the International Board of Examiners of the American Society of Appraisers.

This award was the result of many years of study which qualified her to pass their intensive examination, submitted appraisal examples, fulfilled educational requirements and other qualifying criteria demanded by the Society's Board of Examiners, she said.

Mrs. Larson has been an Associate member of the Society's Chicago Chapter for two years. She was formerly employed by Marshall Field & Co., in Chicago as a sales consultant in their Antique Furniture and Interior Decorating Gallery.

She has also taught a course, which she initiated, at the College of Lake County, Grayslake, entitled: "Antiques - How To Identify."



THE LIONS, ROTARY CLUB AND JAYCEES all helped fund the tuition and expenses for Antioch Juvenile Officer Robert Lange, seated right, who will attend a two-week intensive course at the University of Illinois for counseling

and interviewing procedures for juveniles. From left are Tom Kelly of the Rotary, Ron Van Scoyoc, president of the Jaycees, Homer White, Rotary Club president, Tom Haley, Lions Club president, and Phil Schaub, of the Jaycees.

Lange to learn juvenile counseling techniques

Veteran news

Antioch Police department's Juvenile Officer Robert Lange, a six-year veteran in that field, will travel to the University of Illinois April 23 for a two-week course in juvenile officers' school.

Funding for the officer's tuition and expenses is being contributed by three of Antioch's non-profit organizations, the Lions Club, the Rotary Club and the Jaycees.

Lange will attend the intensive two-week course to learn more about the procedures of counseling juveniles and various techniques for interviewing offenders.

He has been a part of the Antioch Police department for the past two years and

prior to that he had four years experience at the Round Lake Park police department.

Lange's special field deals with offenders who are younger than 17 years of age. Since he has dealt with juveniles in the past six years, he said the crime rate of younger offenders has gone up.

He added, however, that the majority are first-time offenders and are charged with such crimes as shoplifting, including those in the nine and 10-year-old bracket.

He said the youngest offender he has seen was a five-year-old charged with shoplifting.

"There are also special circumstances you have to

take into account," he explained, for each individual crime.

Lange discusses his

cases and problems with other Lake County juvenile officers at monthly sessions, which he said are

very interesting and help give him insight into the juvenile problems throughout the area.

The Veterans Administration employs some 36,700 Vietnam Era veterans, more than any other federal agency.

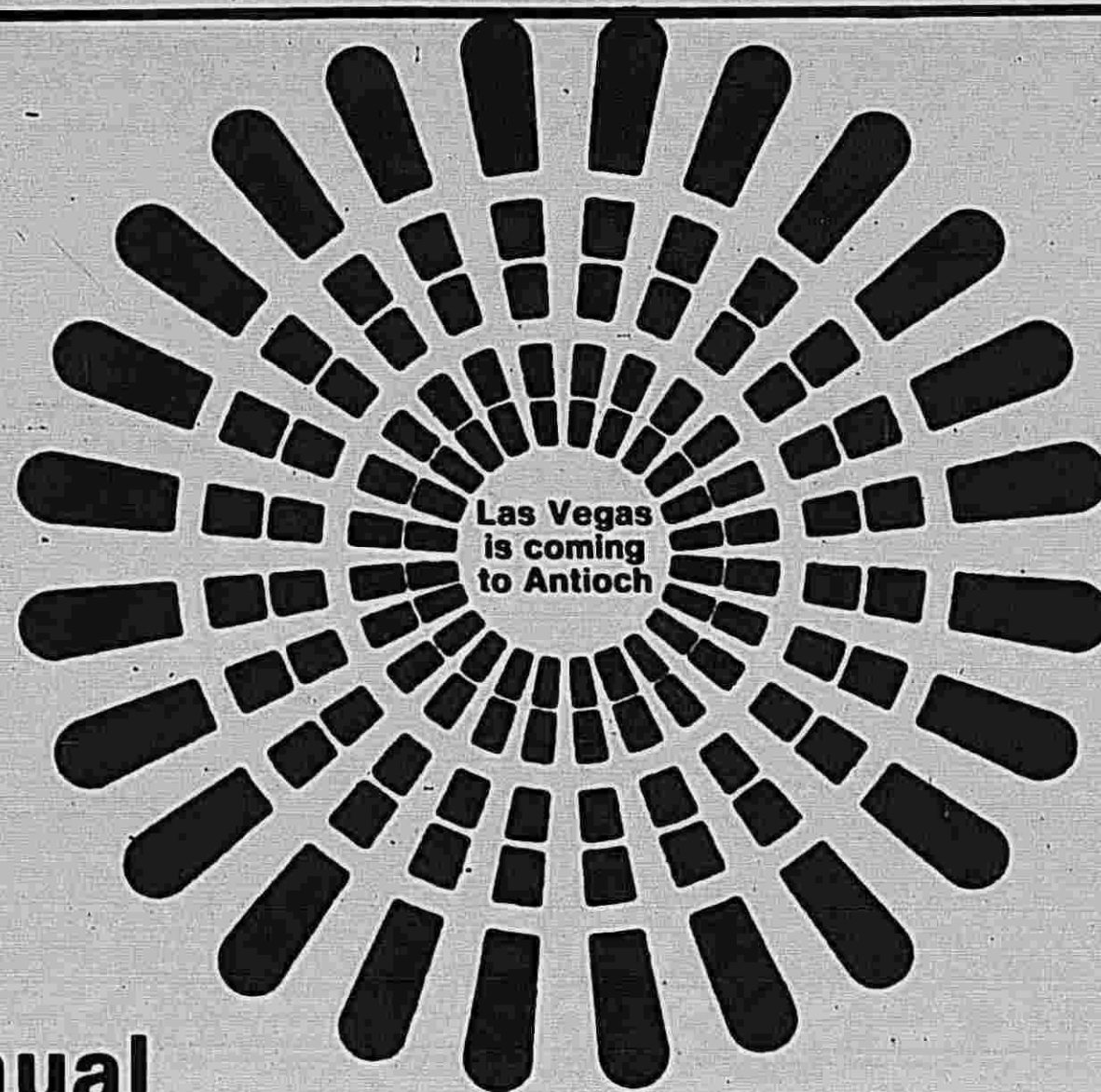
Spring band concert set at high school

Antioch High School's annual spring band concert will feature the performances of five bands starting at 3 p.m. April 29 at the high school's auditorium.

Band Director John Olisar said all the students involved in the instru-

mental music program at the high school would participate in the concert.

Performing bands will include the jazz ensemble, the beginning band, intermediate band, concert band and symphonic band.



4th Annual Las Vegas Night

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The Time Machine

50 YEARS AGO: APRIL 18, 1929

Once more George B. Bartlett reigns as Village president or mayor in Antioch. Mr. Bartlett, who is assistant cashier of the State Bank, served as chief executive of Antioch from 1923 to 1927, and Tuesday he was elected for another two year term to succeed S.E. Pollock. Mr. Bartlett was elected over George W. Jensen by a count of 196 to 150.

Ninety fathers and sons honored Earl White at the sixth annual father and son banquet Friday at the Antioch High School. This banquet was under the auspices of the Antioch chapter of The Future Farmers of America.

Stereopticon views will be shown in the English M.E. church Sunday evening.

It costs 1c per bushel to treat your oats. We have the goods. Kings Drugs.

Boncella Facial (Mud Massage) at Burnette's barber shop.

What's that? A free tube with every G&J Cord or balloon at Gamble's? Now I'll be sure to get all the wear out of my new tires. \$9.98.

Otto Allen and Henry Fortin have gone into the carpenter business and at present are building a house in Trevor.

Organized effort to obtain the use of the \$175,000 appropriated by the general assembly in 1927 for the building of a dam somewhere in the Fox Valley to guard against drought and flood hazards was planned here Saturday night at an open meeting of the Chain of Lakes Association.

30 YEARS AGO: APRIL 21, 1949

Nina Matthisen, well known to many Antioch residents, will be interviewed over WLS on Wednesday morning, April 27th.

Mrs. Donald Stowe will head the Antioch P.T.A. next year. Mrs. Lloyd Murrie was chosen as vice president, Mrs. Fred Yates as secretary, Mrs. Louis Horton as treasurer and Mrs. C.R. Johnston, historian.

Among new lighting novelties are electric lamps that simulate candle flame to provide atmosphere in the home or restaurant or for banquet table settings.

Family Outdoor, Grayslake - Thurs. - Sat. "Kissing Bandit" starring Frank Sinatra and Kathryn Grayson. Sun. - Wed. "The Boy With The Green Hair" starring Pat O'Brien and Dean Stockwell.

New homes - two bedrooms, 3 closets, bath, kitchen, livingroom, utility room and garage with plumbing and electricity installed. 1050 sq. ft. floor area, \$4,975. A.J. Wilkinson, Carpenter and Builder, Lake Villa.

Service badges were given to veteran Antioch Firemen by Fire Chief Jim McMillen.

Robert J. Wilton arrived home Monday morning after spending a week at the Moor Mud Baths at Waukesha, Wisconsin.

10 YEARS AGO: APRIL 17, 1969

Three happy youngsters today were the proud possessors of bicycles because they were artistic in coloring Easter eggs in the annual decorating contest sponsored by The Shoe Box. Named winners of bicycles were Heather Kufalk, Mary Palecek and Sam Meyers.

Antioch voters turned out in record numbers Tuesday to return Mayor Raymond Toft and the Peoples Party ticket, which he headed, to office.

Formal presentation of title for 50 acres of land east of Grayslake was made to the College of Lake County, Tuesday.

Mrs. Zelma Bechtol, Lake Villa, becomes president of the Illinois Medical Assistants Association at its 13th annual convention in Oak Brook.

From Annie Mae--Pants suits and pants dresses were the order of the day at the Cotillion. Edie Adams entertained and Hugh Hefner made a brief appearance.

"There's many a good tune played on an old fiddle."
Samuel Butler

First Church of Christ, Scientist
Route 173 and Harden Street
Antioch, Illinois

Services: Sundays - 11 a.m.
Wednesdays - 8 p.m.
Sunday School - 11 a.m.

AARP plans dinner and magic show

Antioch's American Association of Retired Persons heard Township Assessor Bud Holtz give a talk on property values at their last meeting and also planned a pot-luck dinner for April 24.

Holtz told the group that he has a manual on property values and explained that a home a person bought years ago has now tripled in value and that is why taxes have gone up in the past few years.

He told members to call him at 395-1545 if they need any further information.

The AARP's social meeting on April 24 will feature a pot luck menu and each member has been asked to bring a hot dish or pay \$2 per person. Members are also asked to bring their own table settings.

Games will be played and eggs will be given for prizes. Magician Tom Hubbard from Antioch will bring along his bag of tricks for the event.

Hubbard said he has incorporated the popular rabbit B.H. MacIntosh into his magic show, to delight both young and old audiences. A special magic pet show has also been designed by Hubbard.

On April 26, the AARP is planning a trip to West Bend, Wis. to visit Amity Leather, have lunch at Smith's Shanty and travel in the afternoon to Stonecraft for some old-world shopping.

Buses will leave at 8 a.m. sharp from the Antioch water tower. Members are asked to park their cars in the 12-hour zone or at the A&P food store.

Also, President Esther Aiani and John Wenclawski said they are planning a trip to Chicago on May 10 and 11 at the Conrad Hilton to a health care forum. Members are urged to attend and tickets are \$5 per person, with lunch included.

Transportation via bus will be provided free on May 11. Call Mrs. Aiani to make reservations at 395-5354.

Chapter 387 of Antioch's AARP meets the second and fourth Tuesday of the month at noon in Fr. Frawley Hall at St. Peter's Catholic Church. New members are always welcome at meetings.

Emmons sets Poster contest kindergarten open to registration Antioch kids

District 33 kindergarten registration for next year will be held at Emmons Grade School office from April 23 (Monday) through April 27 (Friday) from 9 a.m. to 4 p.m.

A child must be five years old on or before Dec. 1, 1979 to be eligible for enrollment. A birth or Baptismal certificate must be in evidence for registration.

Antioch children are invited to participate in an "International Year of the Child" poster contest. Individual or class posters are welcome. The winning posters will be highlighted in an August display at Sears Tower.

For details contact CARE, Inc., 208 S. LaSalle Street, Chicago, Ill. 60604 or telephone 782-5581.

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ANTIOCH SAVINGS PLAZA

SPRING JUST MAY be here, at least judging from the Antioch Savings and Loan sign. It registered 70 degrees for the first time this year last Thursday, indicating that warm weather and summer fun isn't too far away.

HAPPENINGS

An Open House for Chain of Lakes Senior Services will be held from noon to 4 p.m. Friday, May 4 at the United Methodist Church basement.

Coordinator Birnida Johnson said everyone is

invited to come and get acquainted with the services offered to senior citizens in this area.

Refreshments will be served and there will be parking in the rear for all visitors.

LOSES 114 POUNDS

Credits Healthy Conway Diet

Connie Bilby has lost 114 pounds on the Conway Diet Institute's Ideal 1000 Calorie Diet.

A little over a year ago, Connie had high blood pressure and wore a size 24 dress.

Today, she wears a size 10. Her doctor has taken her off all medication since her blood pressure is now normal. She has taken up horseback riding, tennis and bicycling. Connie enjoys her new, active way of life.

"The Conway program has been just great for me. I highly recommend it," says Connie.

The Conway Weight reduction program consists of three main elements:

- **The Ideal 1000 calorie diet** that includes all food groups and exceeds the established nutritional requirement for adults.
- **Weekly educational seminars** that deal with the physical, nutritional and emotional causes of overweight.
- **The Forever Slim plan** for permanently maintaining slimness.

NEW MEMBERS—SAVE \$5.00

Bring this coupon with you to any meeting listed and you will save \$5.00 off the Initial Registration Fee of \$6.00 and Weekly Seminar Fee of \$3.00. Pay only \$4.00 instead of \$9.00.

A FRIEND SAVES \$5.00

If you bring a friend with you when you join, then the coupon will be worth \$10.00, \$5.00 for you and \$5.00 for your friend.

Offer expires Friday, May 4, 1979

Weekly Insight-Motivation Seminars

ANTIOCH - Tuesdays, 7:30 p.m. St. Peter's School, 557 Lake St.

WAUKEGAN - Tuesdays, 7:00 p.m. Lakehurst Shopping Center (Community Room, Upper Level) Rts. 120 & 43

ZION - Mondays, 7:30 p.m. Zion Park District Leisure Center, 2400 Dowie Memorial Dr.

KENOSHA - Thursdays, 7:30 p.m. Messiah Lutheran Church, 2026 22nd Ave.

OR CALL 395-0439

New Members Always Welcome

Registration \$6.00 plus Weekly Seminars \$3.00

CONWAY DIET INSTITUTE—No Fish Required

Loan period for flooding extended

The period for Small Business Administration loans to pay for flood damage from the overflowing Fox and DesPlaines Rivers has been extended to March 26, the SBA office announced.

The low interest loans will cover losses of uninsured property, the SBA said, at 7 3/8 percent interest for up to 30 years.

The loans had been limited to flood damage suffered up to March 1, but the qualifying period has been extended.

Applications can be made at the Lake County office located at Fox Lake Fire Station No. 2, 114 Washington St. in Ingle-side, from 8 a.m. to 6 p.m. Monday through Saturday. No phone has been installed in the agency as of yet.

Happenings

An "Association Day" meeting of the Chain-O-Lakes branch of the American Association of University Women will be held at 7:30 p.m. Thursday.

The regular monthly meeting will be held at the home of Lorraine Hill, 167 Westerfield Place, Grayslake.

Issues coming up at the National Convention will be discussed.

College graduates in the area are invited to attend. For more information, call 223-2509.

THE PTO OF Newport Grade School is sponsoring its third annual smorgasbord dinner from 5 p.m. until 7:30 p.m. on Friday, April 27.

The dinner will be held in the Newport school's cafeteria, located on 21st St. in Zion.

Free hospital speakers to be offered

Program chairpersons of local clubs and organizations are invited to contact Victory Memorial Hospital, Waukegan, if they need a speaker during the spring and summer seasons.

Seventeen topics are offered through the hospital's speakers bureau at no charge. All you have to do is call 688-4240.

The subjects include: "You and Your Heart," "The Price of Health," "Nursing Today," "Preparing for Surgery," "The

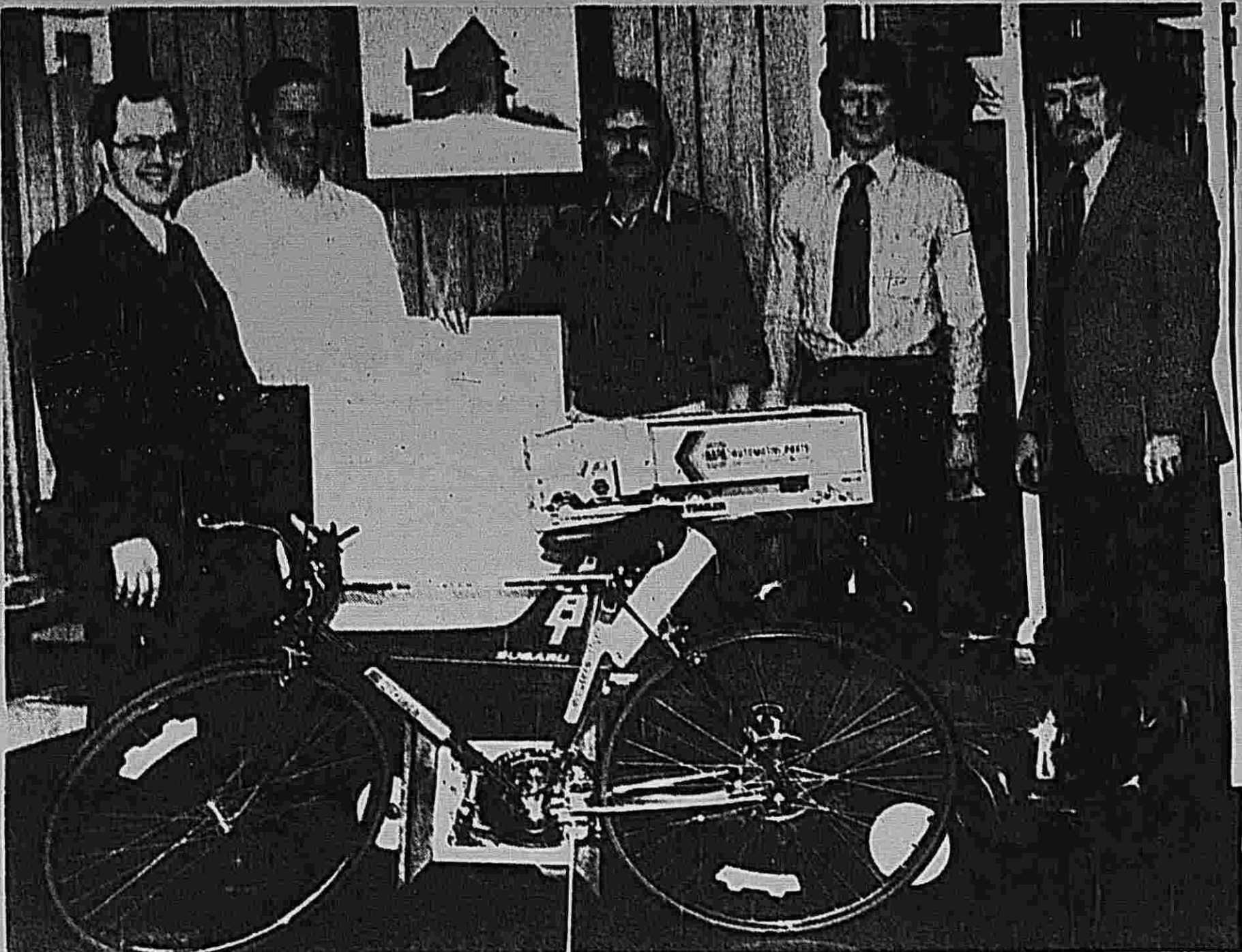
Emergency Room and You," "The Hospital Lab," "The Lifesavers - Paramedics," "Treating the Dialysis Patient," "Innovations in OB."

Also, "Respiratory Care: The Science of Breathing," "Health Care Careers," "Pre-Surgery Tours for Children," "How to Visit a Hospitalized Friend," "New Horizons in Radiology," "Proper Nutrition," "Auxiliary/Volunteers" and "The Victory Hospital Story."

A \$100 U.S. Savings Bond and recognition on a permanent college plaque will be awarded to outstanding College of Lake County students this spring.

Students, faculty and administrators are encouraged to submit nominations for the Student Achievement Recognition Program to Dr. Randolph Webster, vice president for student services.

Nomination forms are available in the student services office, room B-208, in the main building on the Grayslake campus. The



GETTING SOME OF THE prizes ready for their fourth annual "Las Vegas Night" to be held this Saturday at the Antioch Auction Center are Jaycee coordinators Phil Schaub, left, Wayne Salonen, chairman of the event,

Ron Van Scoyoc, Bill Burns and Bill Groeninger. The annual entertainment fund-raiser is held to benefit Antioch's Viking Football league.

Outstanding CLC students to be recognized

forms must be submitted by Thursday, April 12.

To be eligible for a nomination students must have completed at least nine semester hours and currently be enrolled at the college.

Selection will be determined by the degree of progress made toward educational goals in spite of obstacles and/or by the creative use of resources and skills.

Also considered will be the quality of academic accomplishment, service to the community and participation in college activities.

The CLC Student Senate is the sponsor for the recognition program which

will be judged on Thursday and Friday, April 19 and 20.

"A sight of happiness is happiness." Thomas Traherne
"It is always the impossible that happens." French Proverb

Village clean-up planned

Continued from page 1

from May 7 through May 11 for collection of unwanted items of village residents and brush-pick up will be held on May 14.

Trustee Amundsen said the finance committee will meet this Monday to go over the budget for 1979-80, to decide appropriations for various village projects.

Antioch Fire department officers for

1979-80 were okayed by the board.

They include the following: Deputy Chief: Vern Barnstable, Assistant Chiefs: J. Irving Walsh, Bernie Gutowski, William Carney.

Captains: John Tegelman, Jim Quedenfeld, Ray Gallaber, Dale Frisch, Dennis Volting, Ray Toft and Earl Pape.

Lieutenants: Frank Kuechenmeister, Bill Eckert, Vern Burdick and John Carlson.



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2nd Prize - BLOW DRYER
3rd Prize - CURLING IRON

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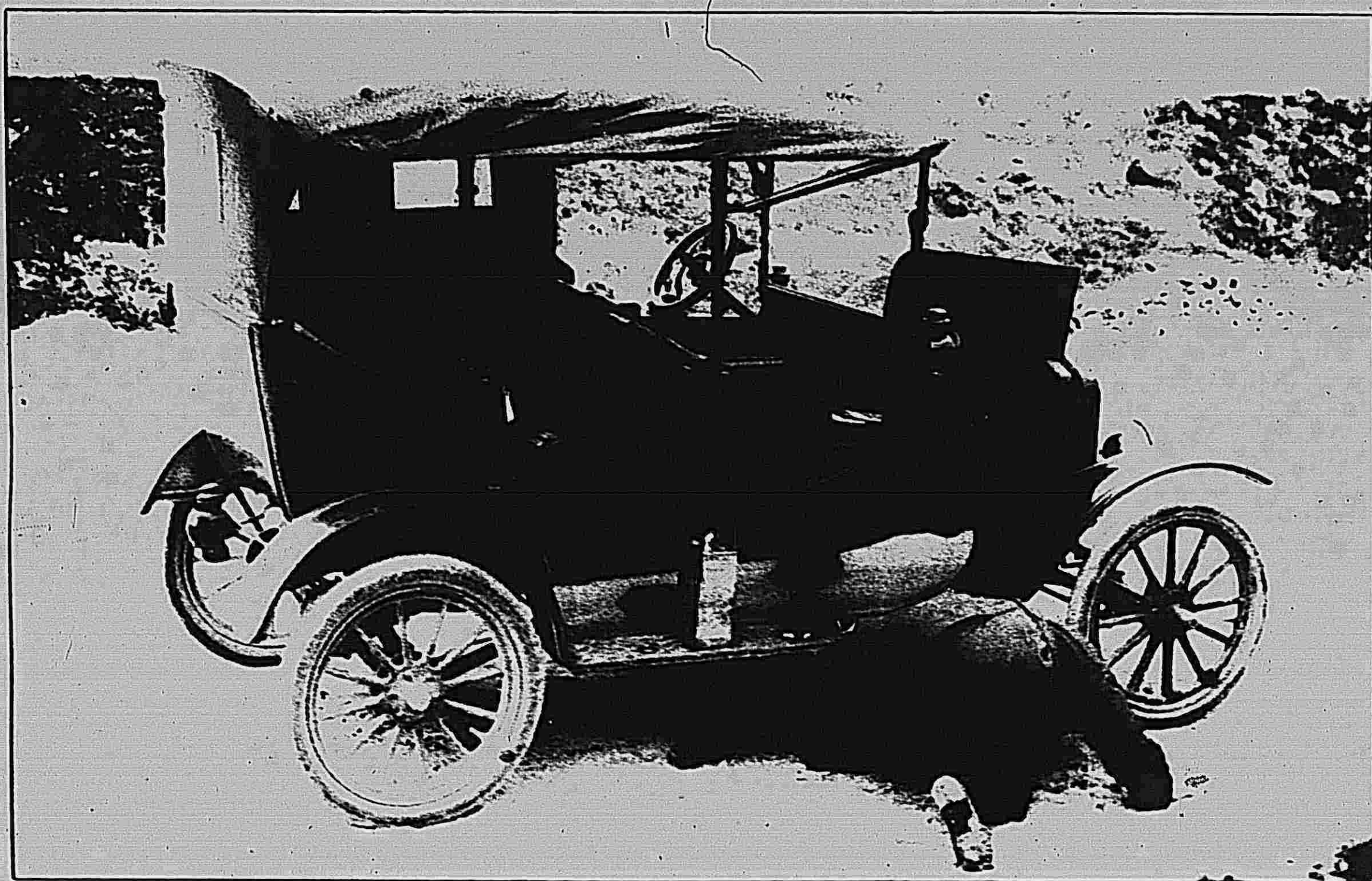
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Come in now and arrange your financing before you go to the showroom. This will help give you extra bargaining power knowing you already have the cash to make the deal. While you are here be sure to ask about our low cost auto insurance. Offering you this new service is just another way that Antioch Savings is "Making Good Things Happen."

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Petty to speak at breakfast



W.C. PETTY

The Third Annual Lakes Region Men's Prayer Breakfast is scheduled for this Saturday morning at 8 a.m. at the Millburn Congregational Church, Rte. 45 and Grass Lake Road.

Featured speaker at the program, which will begin promptly at 8:30 a.m. will be Dr. William Petty, former county superintendent of schools. Music will be provided by choral members from Grayslake Community High School, under the direction of Joan Ottolino.

The Lakes Region Men's Prayer Breakfast is sponsored by the churches of Wadsworth, Millburn, Lindenhurst, Lake Villa and Antioch. Reservations are necessary.

Tickets are \$4 and are available from Mr. Gerald Vander Meer, Country Companies, P.O. Box 348, Grayslake.

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Woodchippers to host annual woodcarving show

The Chain-O-Lakes Woodchippers of north-eastern Illinois will sponsor their second annual woodcarving show Saturday, April 28 from 10 a.m. to 5:30 p.m. and Sunday, April 29 from noon to 5 p.m. at the Lakehurst Shopping Center located at the corner of Rtes. 120 and 43. Admission and parking are free.

Some 35 woodcarvers from Missouri, Wisconsin,

Indiana, Iowa and Illinois will be in attendance to exhibit, demonstrate and sell their pieces of art in wood.

Several wood sculptors will also be carving on large projects. Some 15 members from the Chain-O-Lakes Woodchippers will be exhibiting an assortment of carved birds, animals and human beings.

The club started in 1974

and now has 31 active members residing in Antioch, Kenosha, Round Lake, Zion, Waukegan, Wildwood, Ingleside, Fox Lake, McHenry, Lake Villa and Crystal Lake.

The club meets the second Wednesday of each month from 7 p.m. to 9 p.m. except June, July and August. Regular meetings are currently held at the Antioch Township Public Library.

The May 9 regular meeting will be devoted to actually sharpening all kinds of tools. Members and friends are encouraged to attend this meeting to learn the techniques of sharpening their own tools.

The officers for 1979 are: President: Albert L. Dittman - Antioch.

Vice-president: Ben Tvorch - McHenry.
Secretary-treasurer: Carolyn Korando - Antioch.

NWSC art show to be held at CLC this week

The Northwest Suburban Conference Annual Art Show will be held at the College of Lake County Saturday thru April 26. The work will be judged Friday with merit ribbons awarded to outstanding work from each participating high school.

Conference high schools participating are: Warren, Grant, Stevenson, Round Lake, Grayslake, Wauconda, Lake Zurich and Antioch.

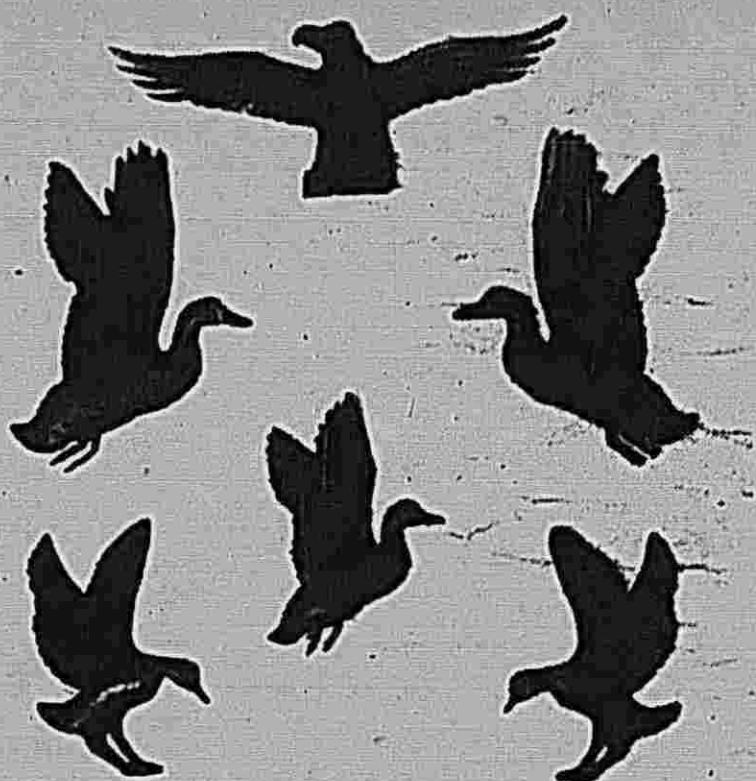
The art works will be displayed on the first and second floors of the Orange and Blue courts at the college. On Sunday at 1:30 p.m. the college invites the students and their friends to view the exhibit, enjoy an open house, and refreshments followed by a jazz concert at 3 p.m. performed by the CLC Jazz and Wind Ensemble with the guest soloist Roger Pemberton.



BETH DAVIS, 10, of Antioch proudly holds the jar of jelly beans which helped her to win a birthday party for herself and nine friends from McDonald's. Beth guessed that there were 785 jelly beans in the jar as part of the Easter contest.



Peach wood is believed to make good divining rods.



THESE BIRD WOODCARVINGS by Ben Tvorch of McHenry will be one of the exhibits seen at the second annual woodcarving show sponsored by the Chain-O-Lakes Woodchippers on April 28 and 29 at the Lakehurst Shopping Center. Admission is free.

Names in the NEWS

CINTY PLOTZ of Antioch recently completed a period of supervised teaching as part of her teacher education training at Millikin University.

Miss Plotz, a senior elementary education major, served as a student teacher in third grade classes in Decatur's Enterprise Elementary School.

A 1975 graduate of Antioch High School, Miss Plotz is a member of numerous University committees and Zeta Tau Alpha social sorority. She is the daughter of Mr. and

Mrs. Vernie Plotz of Antioch.

KIM HERBST of Antioch was recently awarded the ROTC Excellence ribbon at the recent ROTC Awards Ceremony at Northeast Missouri State University in Kirksville, Mo.

Kim also received the Cadet Commendation Ribbon for outstanding contribution to the ROTC program.

She is a junior at the university and the daughter of Sandy and Bill Herbst.



For The Time Of Your Life HOMEMAKER '79 COOKING SHOW

Thursday, April 26,
Antioch Upper Grade School

800 Highview Drive

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The Antioch Reporter
The Bi-State Reporter



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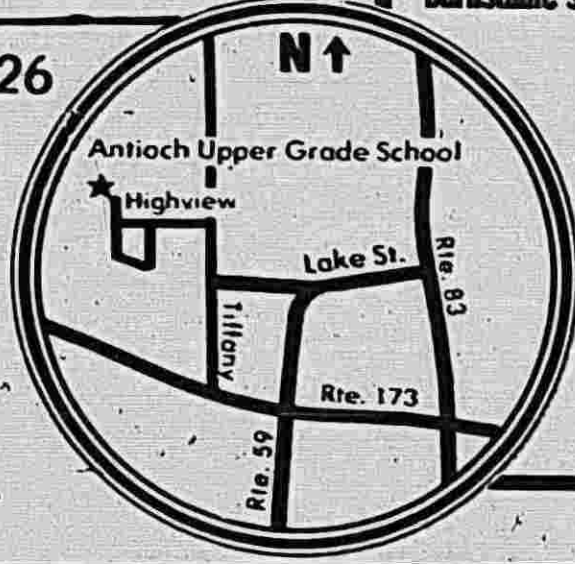
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THE ENTERTAINER

'I Remember Mama' to open at PM&L

John Van Druten's "I Remember Mama" will open at the PM&L Theater, 877 Main St. in Antioch, this Saturday night.

Four later performances are set for Friday and Saturday nights, April 27 and 28 and May 4 and 5. Curtain time for all of these shows is 8:30 p.m.

The current offering in PM&L's Season XVIII, "I

Remember Mama" has been amazingly successful as a book, a play, a movie, and a television series, and is about to open in New York as a musical.

The warm and human story of a Norwegian immigrant family living in San Francisco in the years before World War I, the Van Druten play originally opened in 1944 on Broadway, where it ran for 714 consecutive performances.

A picturesque and sentimental folk drama, "I Remember Mama" has struck responsive chords wherever it has been presented, critics have said.

A large and talented cast performs in the PM&L production, directed by Don Beveroth. Ann Marie Cina from McHenry plays Mama, Frank Greenwood from Round Lake is Uncle Chris, the head of the family, and Pam Hunley from Antioch is Katrin, the young writer whose story this is.

Also in the cast are George Cina, Papa; Lori Koenig, Debbie Beno, Gerry Smelcher, and Bob Mallowney as the children in the family; Mickey Mandell, Rae Johanssen, and Yvonne Dyer as their three aunts; Tom Hausman as Mr. Hyde, an elegantly literary boarder; and Debbie Blanksten as Uncle Chris' "woman."

Other roles are played by Geri Duncan, George Blanksten, Gerry Mandell, Carole Mallowney, Norma Brea, Lisa Quinn, Janet Serphon, and Ed and Martin Domeracki.

There is even a real honest-to-goodness cat in the cast - Smokey Brea, who plays the part of the indestructible Uncle Elizabeth.

"I Remember Mama" is certain to be another PM&L hit, Beveroth said.

To be sure to see it, call 395-3055 to make reservation, and be at the theater no later than 8:15 on the night you plan to see the show.

Emmons Fashion Show to feature Miss Antioch

Emmons "Swing to Spring" Fashion Show at 8 p.m. tonight will feature the first public appearance of Miss Antioch, Lillian Foreman, in her official capacity.

The show will be held in the Tower Room at the Antioch Bowl.

Lillian is scheduled to model various outfits,

including evening wear and sportswear.

Other models in the show will wear outfits from Gibbs and Jenssen Carousel, Stanley's Mens Fashions and BJ's Mens Fashions.

The annual dinner and fashion show is sponsored by the Emmons Parent-Teacher organization, with dinner set at 7 p.m.



"MAMA" played by Ann Marie Cina consoles her daughter Dagmar, played by Lori Koenig, as "Papa" played by George Cina, looks on. PM&L will open with the

performance of "I Remember Mama" this Saturday with curtain time at 8:30 p.m. (News photo by Sue Nasenbeny.)

Maggie & Harry's THOMPSON'S BAR & RESTAURANT

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Stuffed French Pancakes w/Chicken \$2.25

FRIDAY

Broiled Salmon \$3.95
Beer Batter Shrimp \$5.50
Seafood Platter \$9.95

SATURDAY

Beef Wellington \$6.50
B.B.Q. Baby Back Ribs \$5.50
Lobster Tails \$9.95

SUNDAY

Roast Duck, orange sauce \$4.25
Baked Virginia Ham \$4.50
(soup, salad & coffee)

MONDAY

Beef Stew \$2.50
Beer Batter Chicken \$2.25

TUESDAY

Potted Swiss Steak \$2.50
Baked Virginia Ham \$2.50

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Marian Rohde is new FFF director

Antioch's Fun, Food and Friendship Center for senior citizens may have a new coordinator, but that doesn't mean she's a newcomer to that area.

Marian Rohde took over the duties of Mary Lee Trettenaro on March 30, who had been with the Center since last July. Mary Lee will now enter into a different career field of restaurant management.

Marian, who has lived in the village for the past six and one-half years with husband John and children Joe, six, and Ann, 8, had previously worked with Catholic Charities in Chicago for five and one-half years.

Catholic Charities is the sponsor of the Fun, Food and Friendship program in Antioch.

Marian received her degree in social work from Rosary College near Chicago and worked with foster care while with Catholic Charities.

She took time off to raise her two children and now has returned to the program, which she coordinates three times per week on Monday, Wednesday and Friday at the Scout House on Main St.

Those involved with the Fun, Food and Friendship Center have a variety of programs to choose from, with cake decorating classes, pinocle tournaments, bowling, special parties and trips.

Marian said she would stick with the basic program, but hoped to initiate some new and interesting ones for this summer. She added, "We are exploring the possibility of adding programs on Tuesdays and Thursdays."

She said some of the most enjoyable events at the Center are birthday and holiday parties. "It's really an enjoyable experience," she said. "I really feel relaxed with everyone."



MARIAN ROHDE

3 new members welcomed to Women of Moose

Three new members were welcomed at the Women of the Moose April enrollment, including Andrea Smallwood, Dolores Johnson and Barbara Verdien.

Senior Regent Judith Kelly announced the hospitalization of the college chairman, Gladys Schroeder. In her absence, Jerri Polson read a communication from Mooseheart headquarters inviting the college committee to serve in the investiture of the 1,000 new candidates for the College of Regents Degree on June 2 at the field house at Mooseheart.

Antioch's Norma Lowe will be the chapter's recipient this year for the coveted degree.

Nomination of new officers for the 1979-80 term will be held April 24 at the Lodge. Senior Regent Judith Kelly announced the 16-member panel and asked that those desiring an office have their request in before that date.

Senior Regent urged all to ask their friends and relatives to become mem-

bers of the fraternity. Nine new members are needed to fulfill the quota set by Mooseheart to enable the chapter to earn honors this year.

The April business meeting will be held April 19, 8 p.m.

Tryouts for PM&L's 'Picnic'

Tryouts for PM&L's June production of William Inge's Pulitzer Prize winning play, "Picnic," will be held at the PM&L Theatre, 877 Main St. on Monday and Tuesday, April 23 and 24, from 7:30 to 9:30 p.m.

A cast of 14 is needed — seven men and seven

women. One of the men should be in his forties, two should be in their twenties, and four in their teens.

Five of the women should be 35 to 55, one in her early twenties, and one in her teens.

The play will be directed by Tom Hausman.

Zion's Festival '79 to kick off Friday

Zion Park District is proud to announce its Fourth Annual Festival presentation.

Festival '79, sponsored by Zion Park District, will begin activities Friday and run through May 19.

The activities will include the Zion Ice Fantastics, 1979 Trade & Home Show, Marvel Comics' Super Hero, "The Incredible Hulk," Morey Amsterdam and the original Harmonicats, Roy Brown as Cooky the Clown from Bozo's Circus, Marshall Brodien, and Lawrence Welk's Norma Zimmer.

The Festival will be kicked off Friday with the Zion Ice Fantastics presenting "Once Upon A Time ..." The Zion Ice Fantastics performed before record crowds last year and has consistently been one of the best amateur ice shows in the area.

There will be four performances: Friday at 7:30 p.m., Saturday at 2 p.m. and 7:30 p.m. and Sunday at 2 p.m. All shows will be held at the Zion Leisure Center Ice Arena.

For ticket information, call Zion Park District at 746-5500. For group rate (over 20) information contact Bob Stried at 746-5500.

Birthday party planned for FFF group

A birthday party and a performance by the kitchen band are some of the events scheduled for the Antioch Fun, Food and Friendship Center this week, located in the Antioch Scout House at 741 Main St.

The center is a program of Catholic Charities and is open Monday, Wednesday and Friday with meals at noon with a variety of programs and activities scheduled.

In anticipation of National Volunteer Week, the Center treated its member volunteers to a pancake breakfast at McDonalds on April 17.

The following activities are scheduled for Friday through April 25:

Friday - 10 a.m. cake decorating; 12 noon Phil Schaub from the Antioch Savings and Loan extends an invitation to a health insurance seminar; 1 p.m. new pinocle tournament.

Monday, 10 a.m. crafts; 1 p.m. kitchen band.

Wednesday, April 25 1 p.m. birthday party; 2 p.m. open bowl at Antioch Bowl.

The center said it is in search of pinocle players, additional band members and volunteers to teach crafts.

Astro-Analysis

By Sonia



ARIES [March 21-April 19] - Follow up on ideas already in progress but keep a reasonable pace. Stick with close friends and associates, not a good time to experiment with new endeavors.

TAURUS [April 20-May 20] - Friends and acquaintances lend more motivation to projects so welcome the opportunity for additional support. A favorable week for social gatherings.

GEMINI [May 21-June 21] - Look at new career prospects objectively; don't make drastic changes without careful consideration. Advances come quickly now if you show superiors you are capable of following directions.

CANCER [June 22-July 21] - Personal objectives are easier to attain; don't limit your capabilities, do long-range planning too. Don't hesitate to take new opportunities that allow expanding horizons.

LEO [July 22-August 21] - You can experience financial success by the expert handling of others in joint affairs. Explore new areas in business with partner.

VIRGO [August 22-September 22] - Avoid a clash with associates by keeping a firm but diplomatic position. Although others may not react as anticipated there's still accomplishments to be made through a joint effort.

LIBRA [September 23-October 22] - By offering your services and knowledge to others you are best able to cement good ties; improve relations. Be more detail-minded, and stick to an orderly procedure.

SCORPIO [October 23-November 21] - You are in the spotlight now; both popularity and personal magnetism is increased. You get plenty of offers that involve new business ventures as well as romantic ones.

SAGITTARIUS [November 22-December 20] - Initiate family meetings that enable everyone to participate in new plans. Hasty decisions should be avoided, delayed, if real estate is involved.

CAPRICORN [December 21-January 20] - If contacts are made right, things open up for you now. Don't hesitate to reach out for objectives and aims now.

AQUARIUS [January 21-February 19] - Some have too many suggestions toward your financial affairs. Make your own decisions where personal resources are involved.

PISCES [February 20-March 20] - Most activities you engage in turn out favorably. Work now consists of unusual creativity and talents that could open new doors of opportunity.

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A new violin, even the most perfectly made, will not produce as rich and full a tone as one that has been used many years.

Antioch Community High School

HIGH HONOR ROLL

FIRST SEMESTER - 1978-1979

To make the High Honor Roll, a student must have a minimum average of 4.5 in academic subjects with no academic grade less than a "B". An asterisk identifies those students who earned all "A's."

SENIORS

Anderson, Kevin
Bartlett, Scott
Beck, Tami
Becker, Richard
Beese, Jennifer
Bolt, Madison
Eastman, Brent
Eller, James
Fisher, Mark
Fucela, Nancy
Girien, Susan
Gleason, Kim
Golanka, Ken
Gromala, Pat
Grunewald, Scott
Hairrell, Linda
Haisman, Janet
Haviland, Timothy
Houghton, Darren
*Hucker, Bill
*Inman, Rodney
Jereb, Laurie
Kolle, Carol
Kovach, Barrie
Lindberg, Ingrid
Lorenz, Susan
McMurray, Janet
Nieland, Thomas
Nordstrom, Janet
Poulos, Ted
Quedenfeld, Dawn
Rezin, Phil
Schneider, Timothy
Schreiber, Lynn
Thiel, Jeff
Vaughan, Kathy
Volling, David
Walsh, Kathy
*Walsh, Sharon

Camp, Thomas
Cannon, Michelle
Cleven, Lisa
Conso, Caroline
Custy, Estell
*Dubek, Laura
Dyer, Susan
Eller, Susan
*Fallon, Marsha
Flaschner, Denis
Force, Heidi
*Gallagher, Kerri
Hall, Donna
Haun, Valerie
*Hinz, Patricia
*Hucker, Lori
*Jones, Sandra
Koss, Julie
*Krahn, Dawn
*Kreulach, Paulette
Ksioszk, Stephen
*LaChance, Keith
Maplethorpe, Ruth
Meyer, Lori
*Mikula, Maria
Mitchell, Laura
Nielsen, Chris
Nikoloi, Jim
Oddsen, Kathy
Payne, Elizabeth
*Rogers, Peggy
Saturnia, Jackie
Sertic, James
Sherhan, Marcia
*Shepard, Karen
Shinsky, Susan
Soto, Roberto
Stevens, Gregory
Venn, Beth
Vericyn, Daniel

JUNIORS

Barrett, David
Beal, Brian
*Behne, Daniel
Boehm, Keith

SOPHOMORES

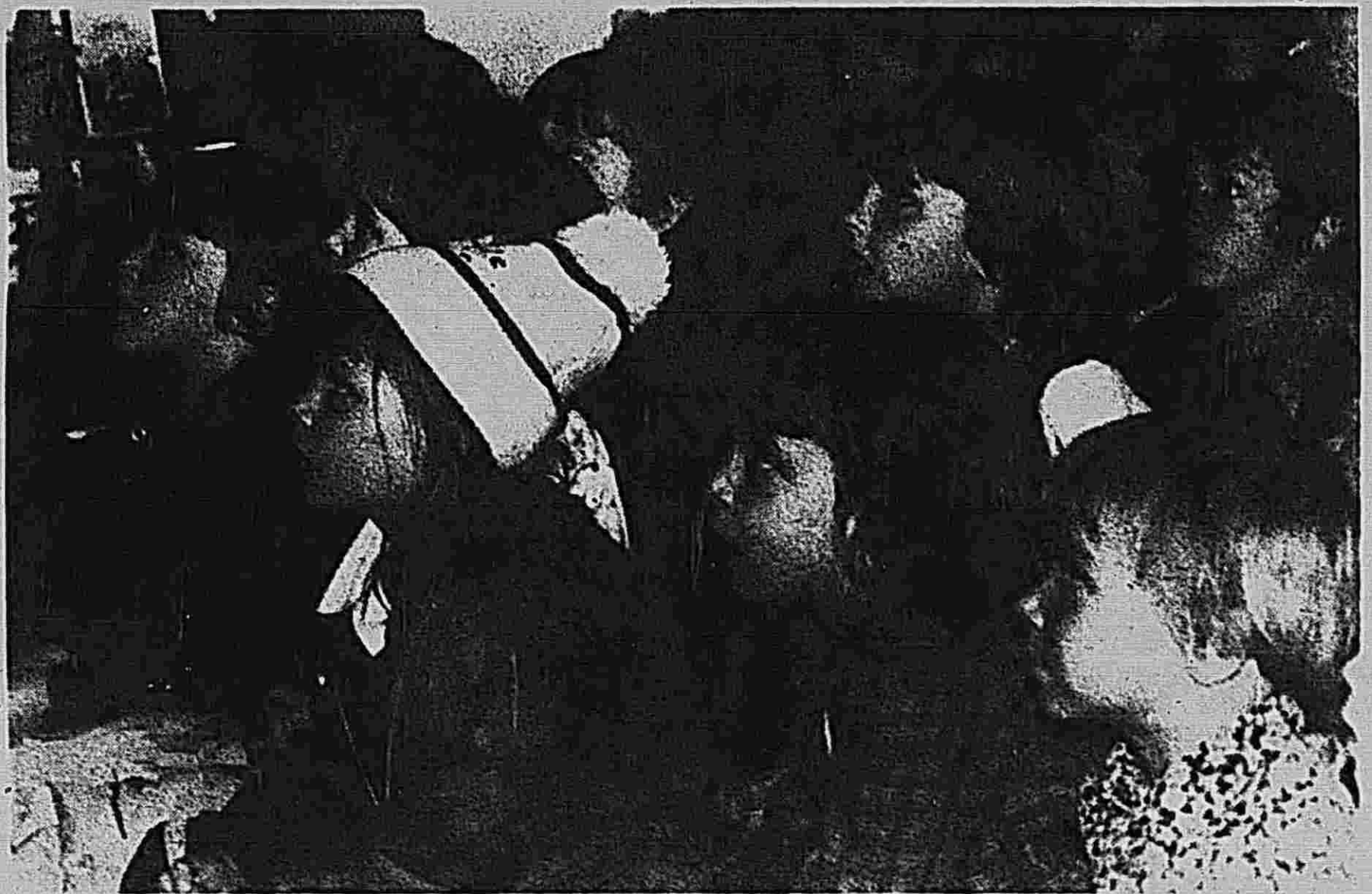
Abderholden, Guy
Boger, Olevia

Please turn to page 13



ABOVE, YOUNGSTERS FROM Emmons School listen to officials from Antioch's Fire Prevention Bureau and from McDonald's explain the Exit Drills in the Home program, which will help them plan an escape route in

their home in case of fire. Below, students from Grass Lake School pay close attention to a special movie sponsored by McDonald's on home safety and precautions against the possibility of a fire.



"Is your home insured for what it's worth, or just for what it cost you..?"

See me to find out if your homeowners insurance covers you for increased value due to inflation. I'll explain State Farm's low-cost Homeowners Insurance with automatic inflation coverage.



Dick Witt

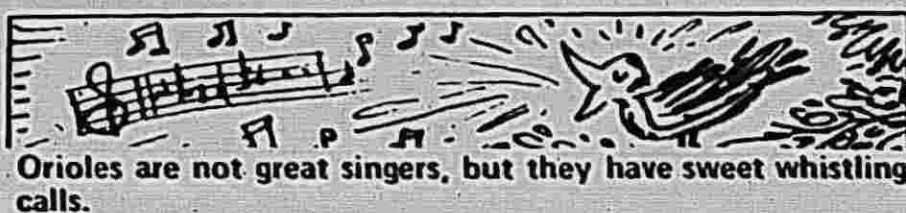
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Antioch

395-1089



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Dug Out Park tournament

Dug Out Park in Trevor, Wis. is opening its softball season with an Early Bird 16-inch Tournament April 28 and 29.

There will be a consolation division so each team is guaranteed two games.

Entry fee is \$60 with sponsor trophies and tra-

veling expenses for first, second and consolation champs.

Also, first place T-shirts will be given away.

For more information call Tom Furlan at (414) 862-9136 or 395-5788. The park is located on Rte. 83 two miles north of Antioch.

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Financial News

By Phil Schaub

Last week I said this week's column would discuss the cash values of permanent life insurance. The amount of cash value for each year is spelled out in the fine print of permanent life insurance policies. This cash value is your money but the insurance company will not give it to you whenever you want it.

They guarantee you a certain amount of cash value at each policy anniversary. When they set up those guarantees, they assumed they would get a certain return on the money they already had in their hands. If you want to take the cash value out you have to either cancel the policy or give them that return.

On many of the policies in existence today, especially those that have been around long enough to have big cash values, those interest rates are quite low by today's standards, often as low as six or even five percent.

Many people are finding it advantageous to borrow their cash value and invest it themselves.

For example, let's say that you can borrow \$5,000 from your life insurance at six percent. You would pay \$300 per year. You could put that \$5,000 in an eight year eight percent CD and earn \$422.50 per year on it. You can pocket the \$122.50 difference.

This type of program is working beautifully for many people but, like any investment program, it has pitfalls. You want the interest you pay the insurance company to be deductible for income tax purposes. The companies offer two alternatives. You can pay the interest to them in a check each year or you can let the policy take an additional loan each year to cover the interest due. The interest is only deductible if you pay it out of your pocket.

Send the company a check each year. This will also avoid the second major problem. If you let the policy pay the interest each year, you might one day find that there isn't any cash value left. Anytime the cash value is borrowed down to zero, the company may automatically cancel the policy. You will have lost your life insurance.

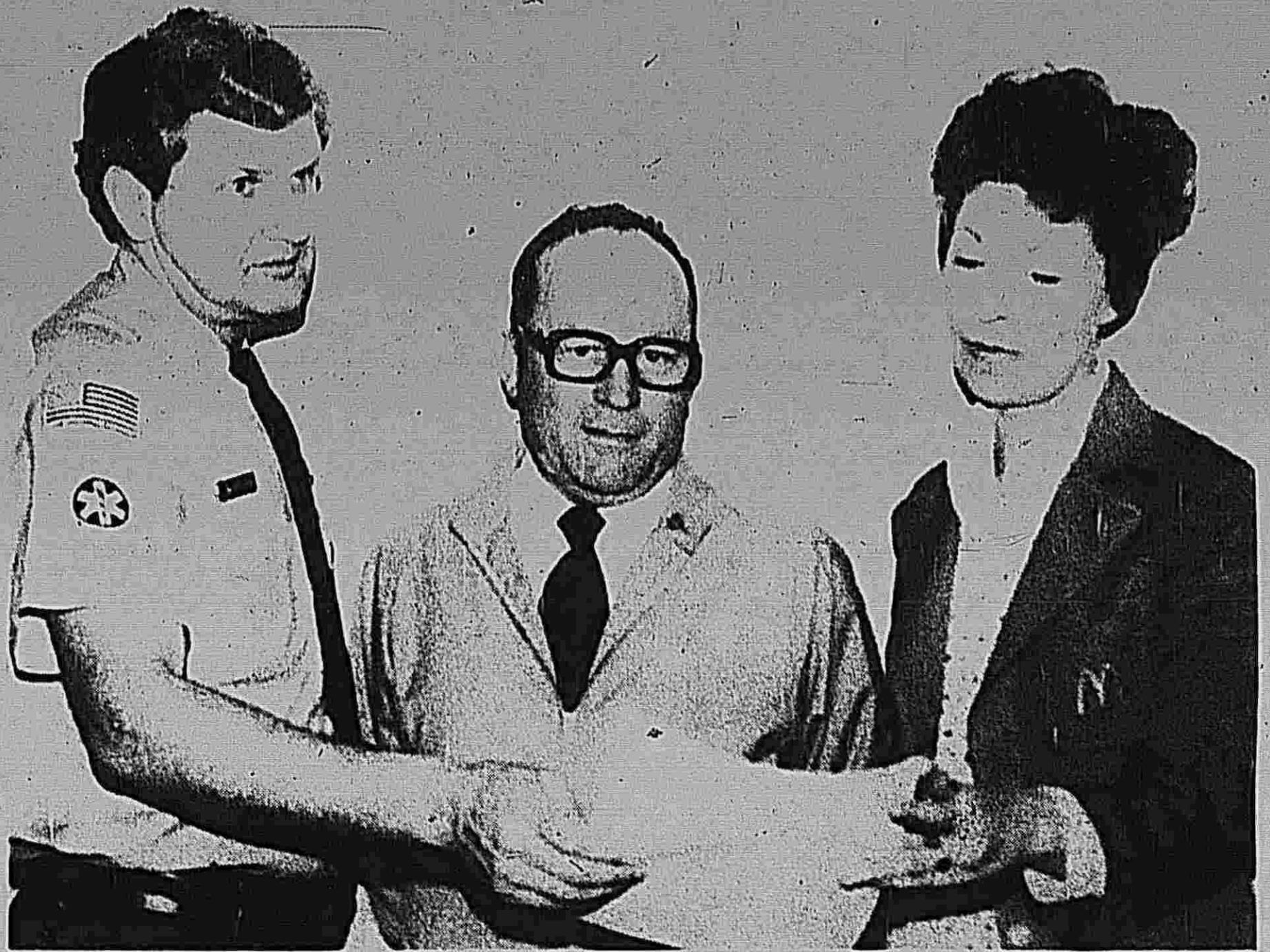
Again, send the company a check for the interest due each year. The cash value is part of your insurance. The amount the company will pay at your death goes down by any amount borrowed out of the policy. Don't give in to the temptation to spend it. Invest it and then your family will have it when you die, which is what you intended all along.

This column is meant for the general education of Antioch News readers. It is not meant to prompt action on anyone's part. Before taking any action suggested to you by this column, check with your attorney, accountant, or insurance broker.

This column is presented as a public service by:

ANTIOCH SAVINGS & loan association.

425 Lake Street,
Antioch, Illinois 60002.
Phone: 312 395-3030



IN A COOPERATIVE effort in public education for home inspection, safety and emergency exit in case of fire, Antioch Fire Prevention Bureau and McDonalds helped sponsor the EDITH program (Exit Drills in the Home) at Grass Lake and Emmons Schools. The program consisted of an informative movie narrated by Barbara Eden on home safety. Students were also given

a home fire escape floor plan to fill out and bring back to their teacher. For their efforts, McDonald's will reward them with a free cheeseburger. Shown looking over the program are Wayne Parthun of the Antioch Fire Prevention Bureau, Supt. Richard Hogan of Grass Lake School, and JoAnn Catanzaro of McDonalds.

Antioch Community High School

HIGH HONOR ROLL - FIRST SEMESTER - 1978-79

Continued from page 12

Brotherton, Ellen
*Carney, Diana
Curtis, Tracey
*Czapiewski, Jennifer
Dennan, Diane
*Denny, Marcia
DeRousse, Laura
*Dugenske, Andrew
Elfering, Kathy
*Flaschner, Dawn
*Green, Thomas
Harland, Nancy
Jackson, John
Karczewski, Diane
Kruczek, Mitchell
*Laurin, Kirsten
Lochen, Michael
MacDonald, Dee Ann

Merrill, Lee
*Meyer, Patricia
Nohlecek, Lori
Petykowski, Renee
Portalski, Kristi
*Roth, Susan
*Sertic, Ann
*Sieben, Debbie
Sikorski, Susan
Skidmore, Steven
Sprunt, Cindy
Stalley, Laura
Stanke, Anthony
Swiatek, Jennifer
Tharnerus, Cheryl
*Toole, Cynthia
Volling, Gary
Weber, Peter
Regh, Sylvia
Wilms, Michael

FRESHMEN

Apostal, Alex
Bleck, Carol
Bolt, Linda
*Butler, Susan
DeLetter, James
Freeman, Tracy
Frydrychowicz, Sheri
Gordon, Kelly
Harland, Jill
Hofmann, Kathleen
Job, Reba
Kasper, Linda
Knowlton, Roger
*Koziol, Nancy

Krahn, Darci
Kreulach, Caroline
Kealer, Julie
Miller, David
*Moog, Pamela
Morris, Michelle
Parisi, Andrea
Ropa, Daniel
Sheedlo, Stephen
Skrupien, Kathy
*Thain, Robert
Turner, Shelley
Wells, Ed
Willems, Christopher
Wirsing, Dianne
Wolf, Janice

Veteran news

Veterans Administration education assistance extends to some 60,000 widows, wives of totally and permanently disabled veterans and their children who are enrolled in college or other training with VA financial help that closely parallels VA programs for veterans.

For the first time in history, some 2.7 million service disabled veterans are receiving personal identification cards from the Veterans Administration to emphasize their priority in obtaining treatment at VA medical centers and outpatient clinics.

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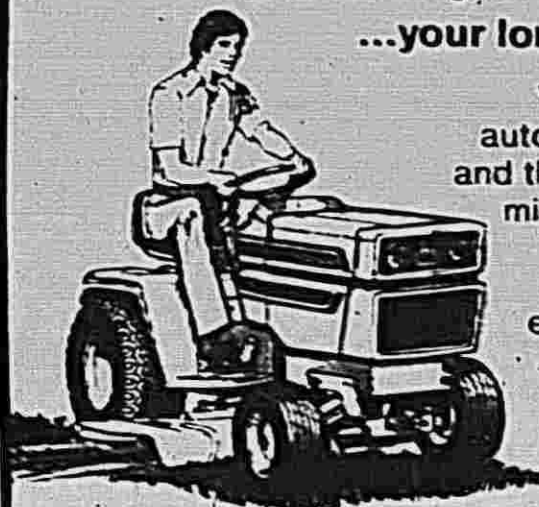
BASKETBALL MAY BE a fast-action sport, but just try it on donkeys! Laura Pocrnich, left, a cheerleader at Antioch High School and Karen Chilcote enjoy the donkey basketball game held to benefit the athletic programs at the high school.



The Nile River flows clear blue except at flood time when it is a reddish brown.

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You can tell it by the automotive-type chassis and the direct drive transmission with no chains or belts. Tell by the quiet—cushioned engine mounts, extra insulation plus a super-sized muffler. And by the traditional high trade-in value. You can

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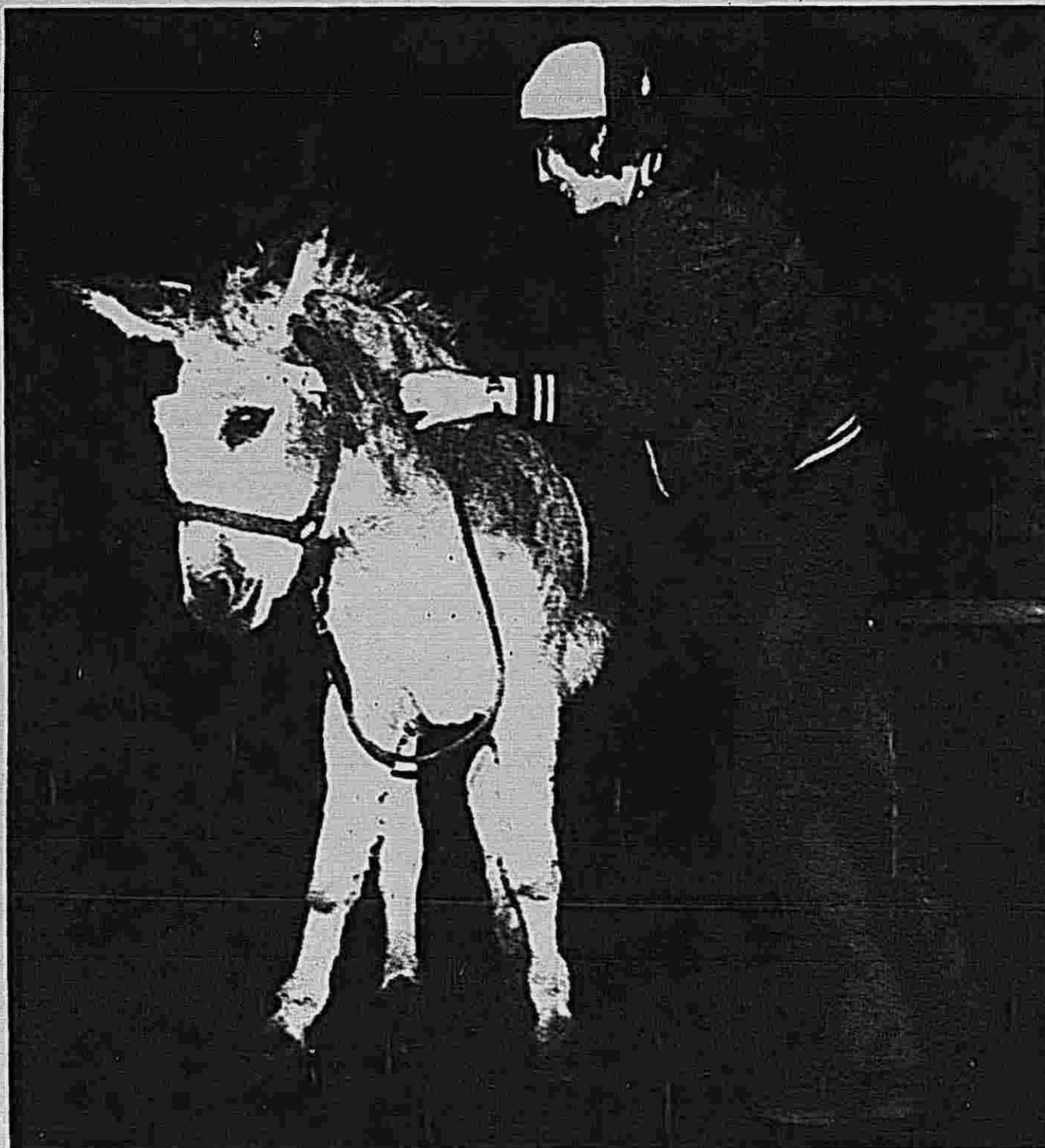
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TRACY MANUEL has a difficult time trying to persuade her donkey to cooperate with her in action at the donkey basketball game held at Antioch High School for the benefit of the athletic program.

Tips offered to prepare car for spring

Here are some handy tips on getting your automobile ready for spring as prepared by the Chicago Motor Club-AAA:

—Check your oil. Replace it and the oil filter if it is time to do so. With an oil change, removal of the old sludge-packed filter is a must.

As the weather becomes

warmer, a different grade of oil may be necessary for some cars.

—Complete chassis lubrication. The severe winter has impaired the efficiency of many working parts.

—Check transmission and differential. These are among the vital organs of your car.

—Check the automatic

transmission. The strain of winter driving may have caused some damage.

—Drain anti-freeze from radiator and reverse flush the water through the cooling system.

—Clean or replace spark-plugs. Faulty or carbon-laden plugs waste gasoline, make starting difficult and cause inefficient and costly

operation.

—Check battery for re-charge or replacement. Winter puts a severe load on batteries with more night driving and more electrical accessories in operation.

—Check all lights and windshield wipers. For the sake of safety these should be in proper working order.

Antioch netters move record to 3-1

Antioch's boys tennis team split two meets this week and had one rained out against Waukegan West.

The first shutout Antioch has suffered in three years came against Libertyville last Monday.

Geff Williamson won over Antioch's Roger Korjenek 6-3, 6-1. Jim Hitzeman won over Tom Surrock 6-4, 6-2. Steve Manther won over Antioch's Tom Mehlhorn 6-3, 7-6. Also Dan Rezin and Stu Short lost to Dan Becker and Bill Arfston 6-3, 6-2 and Gary Manual and Jim Nikolai went three sets with Bob Muchr and Dave Gearheart before losing.

Antioch beat Mundelein the following Tuesday 4-1 to bring the team's record to three wins, one loss. Korjenek beat Jim Butler 6-4, 6-4. Surrock lost to Paul Peck 3-6, 6-7. Mehlhorn beat Kurt James 6-3, 4-6, 6-2 while Rezin and Short beat Grenur and Johnson 7-6, 6-2 and Nikolai and Manual beat Smith and Spencer 6-0, 6-2.

The sophomores improved their record to 4-0 with a 3-2 win over Libertyville and their third 5-0 shutout against Mundelein.

Darryl Blanchette is undefeated at first singles as are Ken Drinkwine, Tom Bailey (first doubles) and Mark Mohr, Gary Williams (second doubles).

This week's meets are against Zion, Round Lake, Wauconda and tournaments at Buffalo Grove and Rockford Harlem.

Ducks Unlimited offer contest

Application forms, rules and other contest materials are available now for the fifth annual Illinois Migratory Waterfowl Hunting Stamp art competition. Conservation Director David Kenney has an-

nounced.

Subject of this year's contest will be the green-winged teal. Paintings will be accepted through Aug. 22, Dr. Kenney said.

The competition is conducted by Illinois Ducks Unlimited in cooperation with the Department of Conservation. The purpose of the contest is to provide an opportunity for public participation in the selection of a design for the state stamp, he explained.

A \$1,000 cash prize will go to the winning artist, and the illustration will appear on the 1980 Illinois Migratory Waterfowl Hunting stamp.

Four runners-up also will be named. They will earn cash awards of \$100, \$75, \$50, and \$25 respectively.

Proceeds from DU's auction of the painting and its sale by art dealers will go to Illinois Ducks Unlimited to help finance DU waterfowl habitat improvement programs.

Midnight on August 22 is the deadline for submitting paintings.

Artwork may be in any paint medium. Entries or contest information can be obtained from Steve Weir, Illinois Ducks Unlimited, c/o 3M Company, 400 E. Park Place, Springfield, IL 62703.

Paintings must be the original creation of the contestant and may not be copies or duplicates of any previously published art, including published photos. Only one entry may be submitted by an artist.

Coloring contest winners announced

Grand Prize portable T.V. sets were awarded to Jessica Prohuska, age 6, of Salem, Wis. and David Chisholm, age 10, of Antioch, top winners in the State Bank of Antioch's Easter Coloring Contest.

Six hundred seven gayly colored bunnies were entered in the contest by area children ranging in ages from four years to 11 years. The bunny picture appeared in area newspapers for several weeks as a special promotion for Easter, and children were instructed to color it using crayons, paints or water colors.

The deadline for the contest was Tuesday, April 10th, and judging was done by Mrs. Jane Craner and Mrs. Chris Helgoe, art instructors at Antioch Community High School.

Thirty winning entries were selected and are on display in the bank lobby through Saturday.

Other winners are as follows: \$10 savings accounts to Gina Ross, age 4, Antioch; Micki Passarella, age 6, Antioch; Jody Garland, age 9, Antioch; Indus Gagnon, age 11, Antioch.

\$5 savings accounts went to Bobby Wagner, age 5, Antioch; Denise Tonyon, age 6, Antioch; Johnny C. Prill, age 8, Burlington, Wis.; Nora Stiles, age 11, Lake Villa.

Two dollar savings accounts went to Jennifer Kolb, age 4, Antioch; Carol Pederson, age 5, Antioch; Kimberly Ann Mason, age 5, Lindenhurst; Mike Driscoll, age 5, College Station, Texas; Julie Stancil, age 4, Antioch; Deborah Bischel, age 6, Trevor, Wis.; Erin Christianson, age 7, Lindenhurst; Jimmy Owen, age 7, Waukegan; Jennifer Driscoll, age 7, College Station, Texas; Regina Karedes, age 7, Twin Lakes, Wis.; Kevin Fitzgerald, age 9, Lindenhurst; Lori Cheterbok, age 9, Antioch; Philip Langhof, age 8, Antioch; Nisa Langer, age 9, Antioch; Kenny Marre, age 9, Antioch; Tracy Borla, age 11, Antioch; Eva Gerritsen, age 10, Lindenhurst; Jeri Gutowski, age 11, Antioch; David Pilibosian, age 11, Antioch; Lupe Rodriguez, age 11, Round Lake.



OF 607 ENTRIES, these two youngsters were chosen as the Grand prize winners in the State Bank of Antioch's Easter Coloring Contest and won a Panasonic portable television. The honors were shared by Jessica Prohuska, 6, of Salem, Wis. and Dave Chisholm, 10, of Antioch, who are holding

their prize-winning pictures. With the winners are Carolyn Blanchette and Pres Reckers of the State Bank. The pictures decorated by the other winners will also be on display throughout this week at the State Bank.

Scout Pack 92 wins annual first aid meet

Antioch's Boy Scouts of America Troop 92 won first place in the annual scout First Aid Meet, in which 14 patrols from the Lakes Area District competed at Grant High School on Saturday, March 24.

According to Scoutmaster Bernie Dost, the boys were required to demonstrate proficiency in the analysis and treatment of six first aid problems, each involving shock.

Judges observed the scouts administer first aid to "victims" of broken arm, first and second degree burns, possible drowning with respiratory arrest, frost bite, heat stroke and venous bleeding.

The criteria included cor-

rect analysis of the problem, teamwork, proper treatment, and the description of the problem to a rescue unit (call for help).

Dost credited Troop 92's success to the boys' fine teamwork and to good preparation by adult leaders. At the conclusion of the meet, scouts were told that for every 100 boys in scouting, about 10 will probably administer first aid in a critical situation sometime in their lives; about one of every 100 scouts will probably save a life.

During the weekend of April 6 to 8, Antioch's Traveling Troop will perform their annual service to the Lakeview Council Girl Scout Camp in Hartford Wis. by setting up tents for the upcoming season.

During the April 27-29 weekend, Troop 92 will travel to Galena and participate in the annual Grant Pilgrimage.

Precautions given against tornadoes

It's that time of the year again in the Midwest - tornado season.

The National Weather Service estimates 700 tornadoes may strike throughout the United States this year, killing perhaps as many as 100 persons. Last year, 13 tornado sightings were confirmed by authorities in Illinois, 23 in Indiana.

Chances are slim it will happen to you, but what should you do if you're in a car and see a tornado headed in your direction?

According to the AAA-Chicago Motor Club, it all depends on where you are.

If you're on an expressway and it's rush hour, there's not much you can

do. However, if you're in an urban area and on a road where there's little traffic congestion, you may have some options.

One might be to drive at right angles, if possible, to the twister to avoid its path. Another might be to get out of your car and seek safety in a building.

If you're in the open country, you can also try moving at right angles to the storm. But if there is no time to seek shelter, or to drive at right angles to

the storm, pull your car onto the side of the road, park it, get out and lie in a ditch or depression where you can avoid flying debris.

If there is no ditch or depression in sight, lay on your stomach and cover your head with your hands. Also, try to avoid areas where there are large trees, metal poles and other possible electrical conductors.

Then remain where you are until the storm has passed.

Names in the NEWS

KRISTA FREDRICK, daughter of Rev. and Mrs. Edgar Fredrick, Wilmet, is participating in the student teaching program at North Central College in Naperville, Ill. during the 1978-79 spring term.

Miss Fredrick is teaching first through sixth grades at Hermes Elementary School in Aurora as a part of her requirements for state teacher certification.

Veteran news

Nearly 90 percent of the 30 million living former armed service members are war veterans - persons with military service during periods of armed hostilities.

A veteran can use his GI home loan eligibility an unlimited number of times provided he has no outstanding Veterans Administration guaranteed loan when he applies for a new one.

Special Veterans Administration efforts to alert Vietnam Era veterans to unused GI Bill education benefits, begun last year, are being expanded to a nationwide campaign in 1979.

The awareness program, "Operation Boost," had focused on 11 states where GI Bill participation was under 50 percent.

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ONION SETS

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Weekends - 8:00-9:00

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Monday, April 23

from 5:00-9:00 MODELS & REFRESHMENT

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IN SUPPORT OF THE VIKING football league's trophy night, the State Bank of Antioch awarded Viking officials with a check covering the cost of trophies at the banquet. Wally Jaskowski, back row, left, presents a check to Russ Lehn, the new president of the Vikings staff. Next to Lehn is Roy Haase, Viking vice president, Jean Rockow, operations

officer at the State Bank, and Leo McGrain, outgoing Viking president. Viking cheerleaders are Kim Eves, left, and Beth Garland and football player No. 88 is Andy Lehn. The Viking football league is open to boys from fifth through eighth grade and last year more than 200 youngsters participated, including 160 boys and 40 girl cheerleaders.

2 newcomers win at Speedway

Opening night at Waukegan Speedway saw two newcomers in the winners circle. Mark Warner of Hinsdale won the 25-lap Late Model feature and Tommy Moore of Zion won the 12-lap Hobby Stock main event.

Warner took the lead from early pace setter Jim Bowans on lap six. Warner maintained a comfortable lead until the closing laps when Ron Shearer made his move. Michael H. Babicz of Waukegan Speedway said.

Shearer snuck inside on the final turn but Warner held on to win by half a car length. Rounding out the top five were Larry Roebuck, trophy dash winner Bill Bain, and fastest qualifier Dan Daniels.

Warner and Daniels each won a heat with Daniels' victory by less than a car length over Danny Brown.

Tommy Moore took the lead on lap eight and held off the late challenge of Bill Fuesting for the win. Terry Anderson was third with Darrell Risinger fourth.

Gene Bramlett was a double winner in the hobbies with a trophy dash and heat win. Bob Tafel won the other heat.

Al Johnson won a special super-stock dash and Darrell Dodd won the Super-Modified Australian Pursuit race.

Sunday's racing program was cancelled due to the Easter holiday.

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OUTSTANDING VALUES ON ALL HOUSE PAINT

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- Excellent covering power
- Glides on smoothly and easily
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White and standard colors. Custom-mixed colors slightly higher.

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colors arranged in families so you can easily locate the color you have in mind.

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7:30 to Noon - Saturdays

7:30 to 5:00 - Daily

Road Rally for Easter Seals set

The Third Annual "Spring for Charity" Road Rally sponsored by the Lake County Van's will be held this Sunday starting at the College of Lake County.

All proceeds for this Road Rally will be donated to the Easter Seal Society of Lake County.

Gates will be open at 8 a.m. at CLC. Pre-registration fee is \$8, with registration at the gate for \$10.

There will be a \$2 fee for each additional person over 18 years of age. Trophies will be awarded to both the driver and navigator, with door prizes, games and fun

for all at the finish spot.

"Remember we are raising money for charity," Dan Brosky of Antioch said.

"Lake County Van's is a group of people mixing work with pleasure to reach the ultimate goal of accomplishing something good for Lake County. We feel we've reached that goal many times in the past and will again on April 22nd," Brosky said.

Everyone is invited to participate. For application forms write Dan Brosky, Public Relations, Lake County Vans, P.O. Box 82, Antioch, or call Easter Seal at 367-1750.



New hotline to serve consumers

The Consumer Product Safety Commission (CPSC) has a new Hotline telephone number. Sheri Seibold, University of Illinois Home Economics Extension Adviser said.

The CPSC Hotline is a service to consumers who wish to report personal

injuries or accident and potential and possible defects associated with consumer products.

Consumers can also obtain printed safety information to read before they make a purchase.

Seibold said some of the consumer products under the CPSC jurisdiction are bicycles, playground equipment, toys, beds, lawn mowers, architectural glass, bathtubs, skates, workshop tools, gas space heaters and children's sleepwear.

Illinois consumers can call the Hotline toll free (800) 638-8326 24 hours a day.

The telephone is attended from 7:30 p.m. to 4 p.m., Monday through Friday or call later and record a message through the office phone.

ANNIVERSARY Specials



EVEREADY BATTERIES

39¢ Limit 8 per customer
(while supply lasts)

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\$229.95
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EG's Camera

896 1/2 Main Street
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395-3336

12" CABLE RELEASE **75¢**



MANY OTHER NON-ADVERTISED SPECIALS



Hours:
Mon.-Thurs. 10:00 - 6:00
Fri. 10:00 - 9:00
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Sun. 12:00 - 4:00

HOMEOWNERS! Important Notice!

World's Largest manufacturer of steel siding has created a specially insulated solar-sided siding with a 50% written fuel savings guarantee. First 50 homes done at half price! Call Collect (815) 943-7555. Receive your home for 1/2 the estimate you have had.



BUSINESS & SERVICE DIRECTORY



Main Secretarial

800 North Main Street
Second Floor
Antioch, IL 60002

312-395-6006 Pat Serphon

Antioch Refrigeration

Commercial Refrigeration
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Work Guaranteed

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We have the right
bike for everyone.

Mon.-Fri. 10 a.m. to 6 p.m.
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ANTIOCH

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SALE

State Hot Water Heaters

30 and 40 gallon
GAS HEATERS \$105.00
and up

30, 42 & 52 gallon
ELECTRIC HEATERS \$88.00
and up

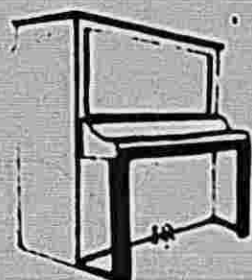
Hours: Mon.-Fri. 8-5, Sat. 8-12 noon. Closed Sun.



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Piano Tuning & Repair

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ANTIOCH SHEET METAL, INC.

Rtes.
59 & 173

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"THE HOME OF HAPPY ANIMALS"

Argyle Kennels
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•INDIVIDUAL RUNS •STEAM HEATED



D. TAGUE - ANTIOCH, ILL.
(312) 395-0231
RT. 173-1 MILE EAST OF RT. 83
6 MILES WEST OF RT. 41

JUNK CAR AND TRUCK REMOVAL 546-5422

Legal Notices

LEGAL NOTICE

Notice is hereby given that sealed bids will be received by the Board of Education of Antioch Community High School until 1:00 p.m. on Monday, April 23, 1979 for base station and mobile radios for school busses.

Specifications can be obtained from and bids mailed to: Antioch Community High School, 1133 Main Street, Antioch, IL 60002. Attention: Kenneth C. Wierschem. The Board of Education reserves the right to reject any and all bids.

Kenneth C. Wierschem
Business Manager
April 18, 1979
49C-185-AN

LEGAL NOTICE

Notice is hereby given that sealed bids will be received by the Board of Education of Antioch Community High School until 11:00 a.m. on Monday,

April 23, 1979 for a walk-in freezer.

Specifications can be obtained from and bids mailed to: Antioch Community High, 1133 Main Street, Antioch, IL 60002. Attention: Kenneth C. Wierschem. The Board of Education reserves the right to reject any and all bids.

Kenneth C. Wierschem
Business Manager
April 18, 1979
49C-184-AN

LEGAL PUBLIC NOTICE NOTICE OF PROPOSED CHANGES IN SCHEDULES

To Patrons of Commonwealth Edison Company:
Commonwealth Edison Company hereby gives notice to the Public that it has filed with the Illinois Commerce Commission on April 6, 1979, proposed changes in its rates and charges for electric public

utility service in all of the areas in which it provides retail service.

Such changes involve and would effect a general rate increase, providing for increases in charges for all classes of customers, including residential, commercial, industrial, railroad and governmental customers.

A copy of the proposed changes in schedules may be inspected by any interested party at any business office of this Company.

All parties interested in this matter or who desire further information with respect to these changes may obtain information with respect thereto either directly from this Company or by addressing the Secretary of the Illinois Commerce Commission in Springfield, Illinois 62706.

Commonwealth Edison Company
By: Hubert H. Nexon
Senior Vice-President
April 11, 1979
April 18, 1979
49B-151-AN

FRIDAY MENS MARCH 30, 1979

High Team Series: Totten Realty 916,1064,1073 - 3053.

High Individual Series: Lowell Lloyd 161,196,239 - 596.

Totten Realty 3, General Bus. Ser. 0; Maplehurst Cycle 2, Stancill Bros. Const. 1; Joe & Jean's 2, Mazer's Chemical 1; J&R Vending 2, Riverside Inn 1.

FRIDAY MENS APRIL 6, 1979

High Team Series: J&R Vending 1079,1006,973 - 3058.

High Individual Series: Neal Carney 207,245,188 - 640.

J&R Vending 3, Totten Realty 0; Maplehurst Cycle 3, Joe & Jean's 0; Stancill Bros. Const. 3, Riverside Inn 0; General Business Ser. 2, Mazer's Chemical 1.

FRIDAY MENS APRIL 13, 1979

High Team Series: Tot-

BOWLING

Totten Realty 1042,879,937 - 2958.

High Individual Series: Lowell Lloyd 168,243,237 - 648.

Totten Realty 2, Joe & Jean's 1; General Business Service 2, Riverside Inn 1; Maplehurst Cycle Park 2, J&R Vending 1; Stancill Bros. Const. 3, Mazer Chemical 0.

CHAIN O'LAKES MIXED APRIL 11, 1979

High Team Series: Erich's Auto Repair 879, 784,741 - 2404, First National Bank 750,771,813 - 2334, C. Frank Realty 749, 811,760 - 2320.

High Individual Men: Paul Neff 212,229,145 - 586, Jerry Hassett 189,188, 192 - 569, Denny Swanson 179,180,196 - 555.

Body Craft 3, Halings Resort 0; Lupa's Resort 2, Ace Hardware 1; Erich's Auto Repair 2, Flower Hut 1; Antioch Savings & Loan 2, Canfield Beverages 1;

First National Bank 2, C. Frank Realty 1; Western Auto 2, Valca Drafting 1.

High Individual Women: Laura Wilson 193,182,145 - 520, Helen Barnes 196,150, 173 - 519, Nora Wilson 187,189,139 - 515, Jean Haling 192,159,154 - 505.

CHAIN O'LAKES MIXED APRIL 4, 1979

High Team Series: C. Frank Realty 820,861,848 - 2529, Canfield Beverages 814,787,845 - 2446, Western Auto 753,809,825 - 2387.

High Individual Men: Pete Lehmann 198,227,236 - 661, Jim Long 200,214,175 - 589, Elmer Frank 187,176, 214 - 577, Vic Filip 185,190, 197 - 572.

Western Auto 2, Halings Resort 1; Lupa's Resort 3, Flower Hut 0; Antioch Savings & Loan 2, Body Craft 1; First National Bank 2, Erich's Auto Repair 1; C. Frank Realty 3, Ace Hardware 0; Canfield Beverages 3, Valca Drafting 0.

Classified Ads

RATES: First 15 words \$1 - Additional words 5c each. Ad deadline: Monday, afternoon, 952 Main St., Antioch, Illinois 60002. 395-5755

For Sale

PUBLIC AUCTIONS WEEKLY

Wednesday, 10 a.m.
Friday, 7 p.m.

Breezy Hill Farm
Wis. Hwy. 50 & B; 9 mi.
No. of Antioch on 83
Consignments Welcomed
(414) 527-4448

ALL BREEDS

Puppies for sale. Bred by select independent American Kennel Club breeders. Guaranteed. Associated private breeders 395-8708. 39-42c

WANTED

ANTIQUES - ESTATES
HOUSEHOLDS or whatever for Direct Purchase or

Auction Consignments.
UNIQUE ANTIQUES LTD.
(414) 537-4448

Help Wanted

FRIENDLY HOME TOY PARTIES now in our 24th year, is expanding and has openings for managers and dealers. Party plan experience helpful. Guaranteed toys and gifts. No cash investment, no collecting, delivering. Car & phone necessary. Call collect. Carol Day 518-489-8395. 38-43p

PART TIME SECRETARY, approximately 3-4 hours per day. Apply in person. ANTIOCH AUTO PARTS RTE. 173 & 83 41c

For Rent

RENT A CONDOMINIUM IN FLORIDA. St. Petersburg Beach. Ideal for 2 couples. 2 bedrooms, 2 private baths, living room, dining room. Overlooking Boca Ciega Bay. Swimming, tennis, million dollar clubhouse. Security controlled. Call 395-0814.

Wanted to Rent

HOUSE Wanted - Antioch to Salem area. Prefer on water. Before May 15. Call Bonnie or Keith 697-7741 or 249-1440. 41p

Real Estate

WISC. Beautiful 5 acres near several terrific fishing lakes, excellent hunting. 5-hour drive. Must sell \$950. Full price or terms. Bergman, by owner. (312) 986-1543. 41c

Personal

REDUCE SAFE & fast with GoBese Tablets Kings Drug. 40-45p

Card of Thanks

WE WOULD LIKE to thank the voters and parents of District 34, who supported us in the recent School Board Election. We will do our best to serve you and the children of District 34.

Thank you,
H. "Sid" Parker
Jimmie Quedenfeld 41p

THANKS TO everyone who supported us in the Grass Lake School Board of Education elections.

Wayne Cramer
Jim Harris
Pat Sherwood 41c

GOOD PSYCHOLOGY



IF YOU KEEP PUTTING OFF A DISAGREEABLE TASK, PSYCHOLOGISTS SUGGEST THAT ONE WAY TO "CON" YOURSELF INTO DOING THE JOB IS TO PROMISE YOURSELF A SMALL REWARD, SUCH AS A SOOTHING CUP OF TEA, AFTER THE WORK IS DONE!

Near Lake Marie

In California Subdivision, well kept 2 bedroom retirement or starter home. Concrete foundation, gas forced air heat, back yard workshop-storage building. Lake and beach rights to Lake Marie. Must be sold to settle estate. Priced at \$35,000



POE & POE REALTORS

505 Orchard St., Antioch, Ill.
(312) 395-7313
2728 Grand Ave., Waukegan, Ill.
(312) 662-1021



OFFICE: 312/356-1561
Woodland Realty
1819 E. GRAND AVENUE
LINDENHURST, ILLINOIS 60046

We Need Help!!

We have a position for a licensed sales person for a super active office. Both new construction & pre-owned homes.

Call Chris Jackson
for a CONFIDENTIAL interview
at 356-1561
or 356-2302 after hours.
TRY US! YOU'LL LIKE US.

After office hours, feel free to call any of us at home.
Alice Schaeffer 395-6444 Florence Markwart 395-1448
Chris Jackson 356-2302 Don Hendrixson 365-1656
Pat Todd 356-5363

Legal Notices

LEGAL

ASSUMED BUSINESS NAME CERTIFICATE
Name of Business; Woof & Wag Grooming & Boarding Salon.

Address where business is to be conducted or transacted in this county:
23321 W. Grass Lake Road, Antioch, Ill. 60002.

Names and post office or residence addresses of the persons owning, conducting or transacting business: Raymond C. Traves, 23321 W. Grass Lake Road, Antioch, Ill. 60002
Nancy A. Traves, 23321 W. Grass Lake Road, Antioch, Ill. 60002

State of Illinois, County of Lake; SS

This is to certify that the undersigned intend to conduct the above named business from the location indicated and that the true or real full names of the persons owning, conducting or transacting the business are correct as shown.

Raymond C. Traves
April 2, 1979

Nancy A. Traves
April 2, 1979

State of Illinois, County of Lake; SS

The foregoing instrument was acknowledged before me by the persons intending to conduct the business this April 2, 1979.

Alice D. La Rue

Notary Public

April 11, 1979

April 18, 1979

April 25, 1979

49B-160-AN

That part of Lotus Avenue lying between the Easterly line extended of Primrose Path and the Westerly line of Lake Shore Drive as recorded in Lotus Woods, being a subdivision of the Northwest Quarter of the Southeast Quarter lying West of the Fox River in Section 34, Township 46 North, Range 9 East of the Third Principal Meridian, according to the Plat thereof recorded July 21, 1926 as Document No. 283116, In Book "Q" of Plats, pages 4 and 5, in Lake County, Illinois.

All interested persons are invited to attend and be heard. Please inform anyone you feel might be interested, as it is difficult to notify all persons in the section.

Thank you.
Lake County Regional Planning Commission
Alley and Street Vacations County Administration Building
18 North County Street
Room 803
Waukegan, Illinois 60085
Dan Skokan
Hearing Officer
Telephone: 689-6350
April 18, 1979
49C-186-AN



People once believed that if their palms itched they would receive money.

Restorations

Your cherished memories don't have to stay locked away in that attic trunk or in the old family album you pored over as a child. They can be made to glow again ... in an honored place in your home or as a gift to someone dear.

Stop in soon and bring your old photographs for an estimate
Rush Studio
141 Cheri Lane
Antioch
395-5554

"tiffany"

The oldest name in Real Estate in Antioch



TRI-LEVEL - Village of Antioch - 3 bedroom decorator's dream! Large family room with wood-burning fireplace and bar room - 2 full baths, foyer entrance, 2 car garage with electric opener, blacktop drive - close to schools, shopping, etc. \$78,600.00



REALTY WORLD

312-395-1010

549 Lake Street, Antioch, Ill.

Julian "Jay" Dziki Broker Illinois & Wisconsin

Chalet Realty Co.

935 MAIN STREET
ANTIOCH, ILLINOIS 60002
(312) 395-7515



A LOT FOR YOUR MONEY

This spacious 2 bedroom Ranch is completely remodeled with new kitchen cabinets, new carpeting throughout. A "3" car heated garage, full basement, 2 double lots and beach rights, all add up to a tremendous deal. \$61,900.00 #645

LUCKY 7

Is the number of rooms in this tri-level, plus a basement, "4" large bedrooms, 1 1/2 baths, kitchen with plenty of cabinets, dining area and family room. All aluminum - Maintenance Free!! If you need extra room, this one is for you. \$59,000.00 #642

PRIME OFFICE BUILDING

Excellent high traffic location. Completely remodeled, plush carpeting and central air. Large main office and three private offices. Ideal for Real Estate, Insurance or Doctors. Ample parking \$120,000.00 #635

ATTENTION: COUNTRY GENTLEMEN

Country living at it's best! Almost "9" acres with a beautiful brick and stone ranch and Morton Barn. Home features spacious kitchen with pantry, breakfast bar, dishwasher, formal dining rooms, family room with wood beamed ceiling, sliding doors to rear patio, and stone fireplace. Full basement, 2 1/2 car garage, large front patio, and a fresh water pond for swimming and fishing. Truly a show-place. \$225,000.00 #632

DON'T PASS ME BY

Here's a 3 bedroom ranch that's priced just right. Carpeted living room and bedrooms. Kitchen has Solarium floors, plenty of cabinets. Plastered walls, storms & screens thru-out. Thermo-pane picture window. Completely landscaped and anchor fenced. Call us today!! \$49,500.00 #630

BRAND NEW

This beautiful custom-built home is quality constructed through, with 2 ceramic baths, central vacuuming system and carpeting. Solid wood cabinets in the kitchen, with no-wax floor, and dishwasher. The fireplace in the family room has a custom made mantle of California redwood, hand-somely finished with wood paneling. \$96,500.00 #577

"EVERYTHING WE TOUCH
TURNS TO SOLD"



OBITUARIES

Roy I. Hume

Mr. Roy I. Hume, 58, of Lake Villa passed away April 15 at Victory Memorial Hospital. He was born Sept. 23, 1920 in Brown County, Ill., and had lived in Chicago before moving to Lake County in 1957. He had lived in Lake Villa for the past 12 years.

Mr. Hume served in the U.S. Army during World War II and was a self-employed plumbing and heating contractor. He married Anna Lump on May 5, 1945 in Chicago.

Survivors include his wife, Anna; one son, Roy (Patsy) Hume of Fox Lake; two daughters, Barbara (Robert) Quinn of Lake Villa and Donna Hume; three brothers, Loren (Dorothy) Hume of Sterling, Ill., Norman (Bonnie) Hume of Indiana and Richard (Lou) Hume of Beardstown; one sister, Ruth Johnson of Beardstown, Ill.; five grandchildren, Roy III, Linda, Todd, Chris and Briant.

Funeral Mass will be celebrated today (Wednesday) at 10 a.m. at St. Peter Church in Antioch. Interment will be in Ascension Cemetery in Libertyville. Friends called at the Strang Funeral Home, 1055 Main St., Antioch on Monday and Tuesday.

Legal Notice

LEGAL

CONSOLIDATED REPORT OF CONDITION OF

State Bank of Antioch

AND SUBSIDIARIES AT THE CLOSE OF BUSINESS
ON MARCH 31, 1979. PUBLISHED IN RESPONSE
TO CALL OF THE COMMISSIONER OF BANKS
AND TRUST COMPANIES OF THE STATE OF ILLINOIS

ASSETS	Thousands of Dollars
1. Cash and due from banks (including \$None unposted debits)	4,127
2. U.S. Treasury securities	3,918
3. Obligations of other U.S. Government agencies and corporations	4,904
4. Obligations of States and political subdivisions	10,834
5. Other bonds, notes and debentures	388
6. Corporate stock	16
9. a. Loans, Total (excluding unearned income)	56,750
b. Less: Reserve for possible loan losses	270
c. Loans, Net	56,480
11. Bank premises, furniture and fixtures, and other assets representing bank premises	1,137
12. Real estate owned other than bank premises	93
15. Other assets (Item 7 of "other assets" schedule)	1,678
16. TOTAL ASSETS (Sum of Items 1 thru 15)	83,575
LIABILITIES	
17. Demand deposits of individuals, partner- ships and corporations	11,633
18. Time and savings deposits of individuals, partnerships and corporations	51,499
19. Deposits of United States Government	97
20. Deposits of States and political subdivisions	11,824
23. Certified and officers' checks	517
24. TOTAL DEPOSITS (sum of items 17 thru 23)	75,570
a. Total demand deposits	15,552
b. Total time and savings deposits	60,018
26. Other liabilities for borrowed money	435
29. Other liabilities (Item 9 of "other liabilities" schedule)	1,824
30. TOTAL LIABILITIES (Excluding subordinated notes and debentures)	77,829
31. Subordinated notes and debentures	1,000
EQUITY CAPITAL	
33. Common Stock	
a. No. shares authorized 86,800	
b. No. Shares Outstanding 86,800 (par value)	868
34. Surplus	2,000
35. Undivided profits	1,878
37. TOTAL EQUITY CAPITAL (Sum of items 32 thru 36)	4,746
38. TOTAL LIABILITIES AND EQUITY CAPITAL (Sum of items 30, 31 and 37)	83,575

MEMORANDA

1. Standby letters of credit outstanding 446 || 1. Edward J. Roach - Comptroller, of the above-named bank, do solemnly SWEAR/AFFIRM that this report of condition is true and correct, to the best of my knowledge and belief. | |

Correct-Attest: Edward J. Roach
William E. Brook, Director
Ted. C. Larson, Director
Richard J. Daniel, Director

State of Illinois, County of Lake ss:
Sworn to and subscribed before me this 14 day of April,
1979. My commission expires July 3, 1980.

Lorraine M. Toton
Notary Public
April 18, 1979
49C-187-AN

The Greek historian Herodotus wrote that the builders
of the Great Pyramid of Giza lived mainly on garlic
and onions.

Herman 'Tutz' Ehlert

Mr. Herman "Tutz" Ehlert, 74, of Wilmot, Wis., passed away Monday, April 9 at Memorial Hospital in Burlington. He was born Dec. 23, 1904 in Richmond Township, McHenry County and lived in Wilmot all of his life.

He was a live long member of Peace Evangelical Lutheran Church in Wilmot.

Mr. Ehlert was a farmer for many years and later worked for the Rausch Bros. Block Plant in Wilmot and also Wilmot Mt. Ski Hills.

Survivors are four sisters, Mrs. Elsie Pacey of Twin Lakes, Wis., Mrs. Edith (John) Skidmore of Ringwood, Ill., Mrs. Mildred (Anthony) Senkerik of McHenry and Mable Ehlert of Twin Lakes; three brothers, Russell (Bernice) Ehlert of Twin Lakes, Lyle (Dora) Ehlert of Wilmot, Dean (Alice) Ehlert of Kenosha; one aunt, Mrs. Minnie Stoffel of Burlington, Wis.; one uncle, August Frank of Salem and many nieces, nephews, cousins and friends. He was preceded in death by two brothers, Frank and Duane and one sister, Hazel.

Funeral Services were held April 12 at Peace Evangelical Lutheran Church in Wilmot. Pastor Lloyd Wenzel officiated. Interment was in Wilmot Cemetery. Friends called at the Strang Funeral Home, Antioch. Friends desiring may make contributions to Peace Evangelical Lutheran Church in his memory.

John R. White

John R. White, 65, of Chicago died suddenly Thursday, April 12 at home. He was born July 13, 1913 in Cedar Rapids, Iowa. He married Bernice McDonald in 1933 in Cedar Rapids.

In 1935 he moved to Chicago where he was an A&P manager for 25 years, retiring in 1970. He was a member of Portage Park Moose Lodge #220 in Chicago.

He is survived by his wife Bernice; two sons, John R. Jr. (Jacqueline) of Wonder Lake and Robert (Jean) of Bensenville; four daughters, Dolores (Kenneth) Ivester of Hinsdale, Barbara (Raymond) Gallaher of Antioch, Judy (Lee) Kefauver of Albuquerque, N.M. and Marilynne (Philip) Franklin of Romeoville; three brothers, Jim White of Maryland, George White of Cedar Rapids, Ia. and Bob White of Waterloo, Ia.; one sister, Ruth Hamer of Arizona; 10 grandchildren. He was preceded in death by one sister, Esther.

Funeral services were held April 14 at the Gibbons Funeral Home in Chicago. Interment was in Hillside Cemetery in Antioch. Friends desiring may make contributions to the Antioch Fire Department in his memory.

Magdalena Feiler

Mrs. Magdalena Feiler, 84, of Tamarac, Fla., formerly of Antioch, passed away April 16 in the Center for Living Nursing Home in Tamarac. She was born April 20, 1894 in Romania and had lived in Chicago for many years before moving to Antioch permanently in 1951. She has lived in Florida for the past five years.

Mrs. Feiler was a member of St. Peter's Church in Antioch. On Oct. 18, 1911 she married Frank Feiler and he preceded her in death on May 17, 1957.

Survivors are one daughter, Mrs. Catherine (Herbert) Jaeger of Tamarac; one daughter-in-law, Mrs. Constance Feiler of Antioch; five grandchildren and eight great-grandchildren. She was also preceded in death by one son, Frank Feiler, on Jan. 3, 1979 and two sisters.

Funeral Mass will be held Friday, April 20 at St. Peter's Church, Antioch. Interment will be in St. Joseph's Cemetery, River Grove, Ill. Friends may call at the Strang Funeral Home, 1055 Main St., Antioch, Ill. from 7 until 9 p.m. Thursday. Friends desiring may make contributions to the Antioch Rescue Squad in her memory.

Bryan Lee Ralph

Bryan Lee Ralph, 3, of Antioch passed away Tuesday, April 17, at his home after a several months illness. He was born July 29, 1975 in Evanston. He was a member of St. Peter's Church, Antioch.

Survivors include his parents, James and Rosemary Ralph; one sister, Jennifer Lynn, at home; grandparents, Mrs. Isidore Mermer of Chicago, Jesse and Clara Ralph of Evanston; great-grandparents, Maria and Johann Bader of Germany and Lee Landeck of Wilmette, Marian (Ben) Vaughn of McHenry.

Funeral Mass will be held at 10 a.m. Thursday, April 17, at St. Peter's Church, Antioch. Interment will be in Millburn Cemetery. Friends may call at the Strang Funeral Home, 1055 Main St., Antioch, from 3 p.m. until 9 p.m. today. In lieu of flowers, donations may be made to Childrens Memorial Hospital in Chicago.

Blanche E. Young

Mrs. Blanche E. Young, 75 years old of Channel Lake, Antioch, passed away at her home Tuesday, April 17. She was born Dec. 12, 1903 in Avon Township, Lake County and has been a resident all her life.

Survivors are one daughter, Mrs. Ida Clark (with whom she made her home); three sons, Stephen and James (Dotty) Young of Antioch and William Young of Calif.; three step-daughters and two step-sons; two sisters, Mary Vogt of Salem and Emily (Ed) Huffhines of Gurnee; several grandchildren and great-grandchildren. She was preceded in death by her husband, William Young, in 1958.

Funeral services will be held tomorrow, April 19, at 1:30 Strang Funeral Home, 1055 Main St., Antioch. Interment will be in Warren Cemetery, Gurnee. Friends may call at the funeral home from 3 p.m. until 9 p.m. today.

...ATTEND THE CHURCH OF YOUR CHOICE THIS SUNDAY

Directory of Services in the Antioch Area.

Faith Evangelical Lutheran

PASTOR DARALD GRUEN

1275 Main St., Antioch

Worship Services - Sunday at 8 a.m. and 10:30 a.m.
Sunday School at 9:15 a.m.

United Methodist Church of Antioch

REV. STEPHEN W. WILLIAMS Pastor

848 Main St., Antioch

Worship Services - Sunday at 8:30 a.m. and 10:30 a.m.
Church school at 9:15

Millburn Congregational

REV. DONALD A. McPECK, Pastor

Millburn

Worship Services Sunday at 10 a.m.
Church School Sunday at 10 a.m.

St. Stephen Lutheran

REV. PHILIP O. LAURIN Pastor

Hillside and Rte. 59, Antioch

Worship Services - Sunday at 8 a.m. and 10:30 a.m.
Sunday School at 9:15

Calvary Baptist Church

REV. JAMES REED

554 Parkway, Antioch

Sunday School 9:45 - Worship 11 a.m. Training
Union 6 p.m. - Eve. Worship 7 p.m.

St. Ignatius Episcopal

REV. T.A. BESSETTE, Rector

983 Main St., Antioch

Holy Eucharist - 8 a.m. Sunday. Choral Eucharist and
Church School, 9:30 a.m. Sunday

St. Peter's Roman Catholic

REV. FRANCIS L. JOHNSON Pastor

557 Lake St., Antioch

Schedule of Masses - Saturday at 5:30 p.m., Sunday at
6:30, 8:00, 9:30 and 10:45 a.m., and 12 noon

Antioch Evangelical Free Church

Tiffany Rd. and Highview Drive, Antioch

Worship - 11 a.m. and 7 p.m. Sunday, 7:30 Thursday.
Sunday School - 9:45 a.m. Sunday.

First Church of Christ, Scientist

Rte. 173 and Harden St., Antioch

Services - Sunday at 11 a.m., Wednesday at 8 p.m.
Sunday School, 11 a.m.

Church of God Clève, Tenn. Assembly

Pastor Jack Bane

Antioch High School, Rear Entrance Rm. 163

Sunday School 10:00; Morning Worship 11:00;
Sunday Evening 7:00 p.m.

Brought to you by
the Rotary Club of Antioch.





DISCUSSING UPCOMING Chamber of Commerce and Industry sponsored events at a new member breakfast last week were from left, new member Jim Herring, Bill Greenin-

ger of the State Bank, Dan Dugenske of Strang Funeral Home and Don Marski of Ben Franklin.



ANNIE MAE

... is on vacation
this week.

Names in the NEWS

PAUL CRAMER of Antioch, a student at Wheaton College Conservatory of Music, will present an organ recital at 3:30 p.m. April 29 in the Edman Memorial Chapel on the college campus in Wheaton, Ill.

Cramer will perform "Ricercare" by Frescobaldi, "Chorale Prelude" and "Prelude and Fugue in G Major, S. 541" by Bach, "Nova" by Roberts, and "Chorale in A Minor" by Franck.

Cramer has toured with the Wheaton College Concert Choir for the past two years.

He is the son of Mr. and Mrs. Donald Cramer, 591 Highland Ave., and is a graduate of Antioch High School.

PVT. DONALD A. Richardson, son of Mrs. Mary Rench, 2307 S.W. Lakeshark, Antioch, recently completed Phase I of the Two-Station Test at Fort Knox, Ky.

The test is being conducted to see if basic entry training can be effectively reduced from 16 weeks to 12 weeks and still be administered at two stations. The second phase is held at Fort Benning, Ga.

He entered the Army in

February 1979.

His father, Charles Richardson, lives on Rte. 5, Savannah, Ga.

RON MITCHELL of Lake Villa, a graduate of Antioch High School, will be a varsity sprinter for Millikin University in Decatur this spring as it opens its track season.

Mitchell is a two-year letterman on the track team, which is coached by Cal Poelker. Some of the school's meets this season include: Knox Invitational, North Central Open, Principia Invitational and CCIW championships at Illinois Wesleyan.

TINA LUDWIG of Antioch has been named to the "B" honor roll at Carmel High School for Girls in Mundelein.

Tina is a junior at the school and received honors for having a B average, with no grade below a C.

SUSAN BRIGGS of Rte. 3, Antioch, has been named to the Dean's List at Marquette University in Milwaukee.

Susan is a freshman at the university, majoring in Dental Hygiene.

"Better than interest on checking"

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HOMEMAKER '79 COOKING SHOW

Thursday, April 26, 1979

Doors Open at 6 P.M. - Showtime is 7:30 P.M.

Antioch Upper Grade School

800 Highview Drive, Antioch, Illinois



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(See Page 3C For Further Details)





GET-AWAY VACATION—Homemakers can't spend all of their time in the kitchen and Valerie Baczynski of Antioch Travel is more than happy to help Home Economist Joan Clement plan her get-away vacation. Antioch Travel will be one of many merchants greeting visitors to the Homemaker '79 Cooking Show at Antioch Upper Grade School, Thursday, April 26.—Photo By Rex Merriweather.



BEST IN APPLIANCES—Home Economist Joan Clement made her first stop in town a visit with Bill Bishoff of Western Auto in Antioch. Western Auto will be supplying all of the appliances for the Homemakers '79 Cooking Show, April 26, at the Antioch Upper Grade School.—Photo By Rex Merriweather.



WELCOME TO TOWN—Laddie Korecek, Jr. of Antioch Savings and Loan Assn., one of the communities fine banking and lending institutions, takes time out from his busy day to welcome Home Economist Joan Clement to Antioch as she prepares for April 26 Homemakers Show at Antioch Upper Grade.—Photo By Rex Merriweather.

VOGUE

LAUREN

Vogue introduces the dressy slide. Leather upper with a major fashion flair for spring '79.

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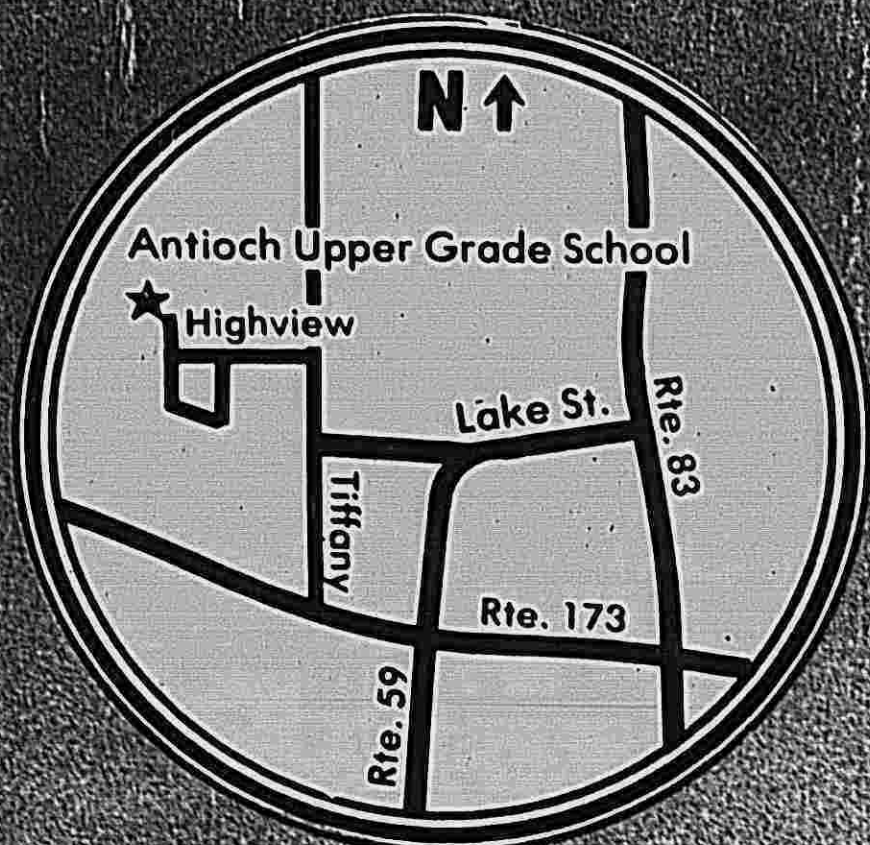
Come Early - No Reserved Seats HOMEMAKER '79 COOKING SHOW



Thursday, April 26,
Antioch Upper Grade School

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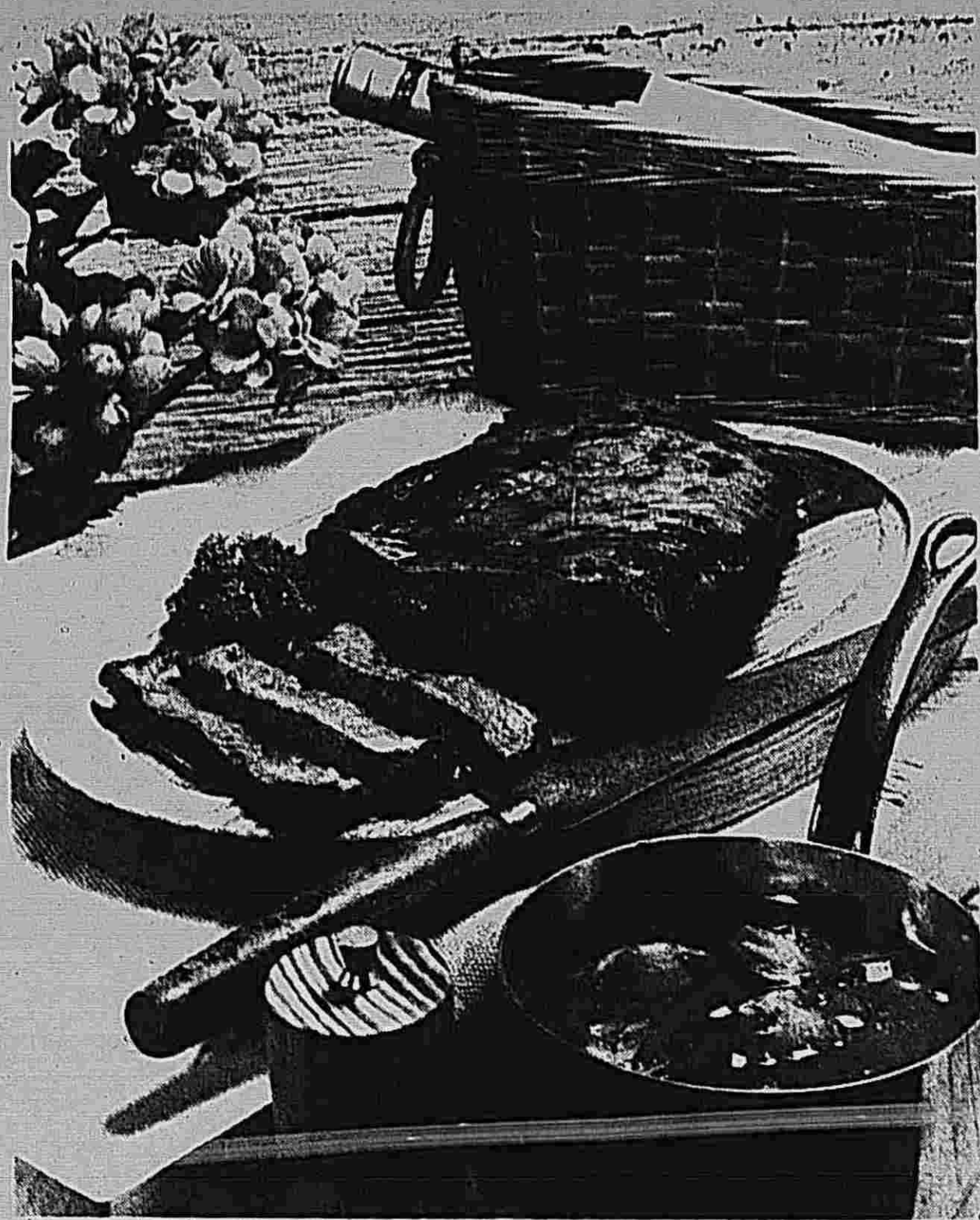
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**JOAN
CLEMENT**

For Conversation Try A Steak With A French Accent



STEAK WITH A
FRENCH ACCENT

The glory of French cooking lies in its sauces. Served with fish, meat, poultry, vegetables and desserts, they compliment and enhance numerous dishes. Even a thick, juicy steak (which most Americans would swear can't be topped) is sauced by the French for a superb blend of flavors.

THE FRENCH handling of steak is unique in other respects as well. To begin with, the French cut up the beef carcass differently than American "butchers. Most steaks are small, boneless pieces of meat as opposed to our large T-bone, porterhouse and sirloin cuts.

Instead of broiling, the French usually pan-fry steaks. While the meat is kept warm the all-important

sauce is made from the pan juices. Often this is a wine sauce made with a burgundy or bordeaux. Mushrooms, shallots and other seasonings are also added to taste.

YOU CAN add a French accent to your favorite steak, cooked indoors or out, with our delicious Mushroom Wine Sauce. Blue Bonnet Margarine, found to be the equal of butter by many food experts, adds rich flavor to the spirited sauce. Serve your next steak dinner with a French flair for a delicious, memory-making meal.

BROILED STEAK WITH MUSHROOM WINE SAUCE
2 tablespoons Blue Bonnet Margarine

1/4 pound mushrooms, thinly sliced
2 tablespoons finely chopped onion

1 clove garlic, crushed
2 teaspoons Pillsbury's Best All Purpose Flour
1/4 teaspoon salt
Generous dash pepper
2 tablespoons tomato paste
1/2 cup dry red wine
1/4 cup water

2 pounds boneless sirloin steak

In small saucepan melt Blue Bonnet Margarine over medium heat. Add mushrooms, onions and garlic; saute until onion is transparent, stirring frequently. Remove from heat. Stir in flour, salt, pepper and tomato paste. Blend in wine and water. Bring to a boil, stirring frequently. Cover; reduce heat and simmer 20 minutes.

Meanwhile broil steak to desired doneness. Serve with wine sauce. Makes six servings.

Wine-Tastings Are Fun, Inexpensive

More and more newcomers to the world of wine are finding that wine-tasting parties are the ideal way to learn about the many tastes California wines have to offer and to select the ones they like best.

Wine-tasting parties are easy to hold, are inexpensive and a lot of fun. A party of eight to twelve people is about right for a home wine-tasting party.

A **TASTING** can be organized purely for the purpose of examining wines but it's sometimes more fun serving tasty food along with the wines. Buffet dinners or hors d'oeuvres can be prepared ahead, eaten with little or no silver or china and can be paired with different wines as the tasting progresses.

Luncheon meats, assorted cheeses, potato salad and fresh fruit make a tasty cold buffet. Chafing dishes permit heated hors d'oeuvres such as fondues, beef cubes and cocktail sausages. Breads or crackers always belong.

Glassware can be handled in one of two ways. Each guest can be given an all-purpose glass as he arrives to be rinsed with water between tasting. Or, separate sets of glasses can be placed by each wine served, according to traditional rules of winesmanship.

The number of wines presented for tasting can run to any number, but a manageable number for new tasters is four to six. Joan Clement, Homemakers

School Home Economist suggests serving a variety of wines from the Ernest & Julio Gallo Winery such as Chablis Blanc, Hearty Burgundy, Red Rose, Pink Chablis and Livingston Cream Sherry. If guests are just learning, they will likely enjoy themselves more if the bottles are set out so they can identify the wines as they taste them.

The party's festive atmosphere is always enhanced if the room is decorated for the occasion with wine posters or other items relating to wine.

You will receive other ideas using Gallo wines at the Homemakers School on Thursday April 26 in the Antioch Upper Grade School. Doors open at 6 p.m. School starts at 7:30 p.m.

Making Good Things Happen

Be sure and visit our booth
at the Homemaker '79
Cooking Show!

Thursday, April 26, 1979
6:00 P.M. to 10:00 P.M. at

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GREAT LOOK FOR KITCHEN— Home Economist Joan Clement gets personalized tour and explanation of kitchen cabinetry which will be on display at Homemaker '79 Cooking Show. Dennis Dempsey of Century Oaks Cabinet Shop, Antioch explains features of one display.— Photo By Rex Merriweather



SMILE FOR THE BIRDIE— Home Economist Joan Clement presents her best smile for Bruce Klowas of Photographs by Bruce P. Klowas which will be only one of many local businesses participating in April 26 Homemaker '79 Cooking Show.— Photo By Rex Merriweather.

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4 SQUIRES

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Bread And Buns Are A Big Plus For Meals

Nothing makes coffee taste better than homemade bread or cake. When friends stop by or a last minute meeting pops up, be prepared with easy, quick-tix recipes.

Quick Sticky Buns are conveniently made by topping refrigerator biscuits with a cinnamon nut mixture. Serve the buns or a warm slice of Apricot Nut Bread with a fresh fruit or garden salad when last minute luncheon guests arrive.

For coffee time or anytime, make Raisin Nut Loaf and store it in the refrigerator. Just an hour or so before club members or friends arrive, dress up the cake with a corn syrup glaze and decorate with a "bouquet of flowers" cut from lemon peel. Use this same glaze for other cakes, and cookies, too.

RAISIN NUT LOAF

1/4 cup margarine
1 cup unsifted flour
1/4 teaspoon salt
1/4 teaspoon ground allspice
1/4 teaspoon ground cinnamon
1/4 teaspoon ground cloves
1 egg
1/2 cup dark corn syrup
1/4 cup chopped nuts
1 cup chopped raisins
1/4 cup light corn syrup
1/4 teaspoon grated lemon rind

Grease and line with waxed paper 17 1/2 by 3 1/2 by 2-inch loaf pan. Stir margarine to soften. Stir together flour, salt, allspice, cinnamon and cloves. Add 1/2 cup flour mixture to margarine. Beat until well

mixed. Add egg and corn syrup. Mix thoroughly. Add remaining flour mixture, nuts and raisins, stirring until well mixed. Turn into prepared loaf pan. Bake in 300 degree oven, 1 1/2 hours, or until cake tester inserted in center comes out clean. Cool in pan 10 minutes. Remove from pan and cool completely. Bring corn syrup and lemon rind to boil. Remove from heat. Brush on top and sides of cooled cake. If desired, garnish with lemon peel cut in the shape of flowers.

APRICOT NUT BREAD

3/4 cup boiling water
1 cup dried apricots, chopped
3 cups unsifted flour
1 tablespoon baking powder
1/2 teaspoon salt
1/3 cup margarine
1 cup sugar
2 eggs
1/2 cup light corn syrup
1 cup chopped nuts

Grease and lightly flour 9 by 5 by 3-inch loaf pan. Pour water over apricots; let stand 15 minutes. Stir together flour, baking powder and salt. Stir margarine to soften. Beat in sugar, eggs and corn syrup. Mix in apricot mixture and nuts. Gradually mix in dry ingredients. Turn into prepared pan. Bake in 350 degree F oven about 1 1/4 hours or until cake tester inserted in center comes out clean. Cool in pan 10 minutes. Remove from pan and cool on rack. Makes 1 loaf.

QUICK STICKY BUNS

1 can (9 1/2 oz) buttermilk

refrigerator biscuits
one-third cup dark corn syrup
one-third cup chopped nuts
2 tablespoons dark brown sugar
Dash ground cinnamon
Grease a 8 by 1 1/2-inch round cake pan. Cut biscuits in half, and place in pan overlapping slightly. Mix together corn syrup, nuts, sugar and cinnamon. Spread mixture evenly over top of biscuits. Bake in 375 degree F oven 20 minutes or until golden brown. Makes four to six servings.



Quick Bread

Try This Recipe For Sourdough

Joan Clement, Home Economist for the Homemakers '79 Cooking Show recently visited and met with our staff. She was finalizing plans for the Homemakers School to be held April 26.

ONION SOURDOUGH BREAD

1 1/2 cups Sourdough Starter
3 1/4 cups (about) unsifted strong, bread-type flour
3 tablespoons sugar
2 1/2 teaspoons salt
1 package active dry yeast
1 cup milk
2 tablespoons margarine
Cornmeal
Egg white, beaten
1 tablespoon water
two-thirds cup finely chopped onion
Caraway seed
Prepare Sourdough Starter.
Combine one cup flour, sugar, salt and undissolved Active Dry Yeast in a large bowl.
Combine milk and margarine in a saucepan. Heat over low heat until liquid is very warm (120 degrees F-130 degrees F.). Margarine does not need to melt. Gradually add to dry

ingredients and beat two minutes at medium speed of electric mixer, scraping bowl occasionally. Add 1 1/2 cups starter and 1/4 cup flour. Beat at high speed two minutes, scraping bowl occasionally. Stir in enough additional flour to make a soft dough. Turn out onto lightly floured board; knead until smooth and elastic, about eight to 10 minutes. Place in greased bowl, turning to grease top. Cover; let rise in warm place, free from draft, until doubled in bulk, about 1 hour.

Punch dough down; turn out onto lightly floured board. Divide in half. Cover; let rest 15 minutes. Shape as desired.

Place on greased baking sheets which have been sprinkled with cornmeal where dough is to be placed. Cover; let rise in warm place, free from draft, until doubled in bulk, about one hour.

Combine egg white and water. Brush mixture generously over loaves. Top loaves with chopped onion and sprinkle with caraway seed.

Bake at 400 degrees F. about 25 minutes, or until done. Remove from baking sheets and cool on wire racks. Makes two large long loaves or four small loaves

LARGE LONG LOAVES: Roll each half of dough into an oblong, 12 by 8 inches. Tightly roll from 12-inch side; pinch seam to seal. Pinch ends and fold un-

derneath.
SMALL ROUND LOAVES: Divide each half of dough in half again. Form each piece into a round ball; flatten slightly.
SOURDOUGH STARTER
3 1/2 cups unsifted strong, bread-type flour
1 tablespoon sugar

1 package active dry yeast
2 cups warm water.
Combine flour, sugar and undissolved active dry yeast in a large bowl. Gradually add warm water to dry ingredients and beat until smooth. Cover with transparent wrap; let stand in warm place for two days.

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main course and dessert and do it in many different international themes.

Electric crepemakers, through controlled, even heat, further simplify crepe-making. The handle and pan should be light and easy to dip in the batter and use. This can be especially important if you are preparing more than one type of crepe for a number of people for a dinner.

Check the recipe book. Does it provide thorough use and care instructions and recipes for a wide variety of crepes? How about suggestions for complete international meals, including the crepe appetizer, the main course and the dessert?

Finally, a crepemaker that has more than one use is recommended.

Shutter Hut

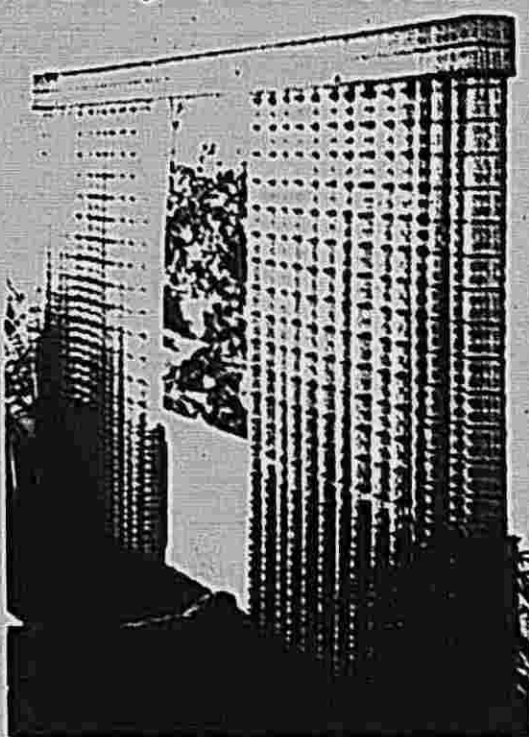
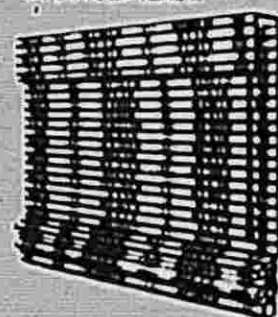
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THE NEW YOU— Jerry Johnson of J. J. Cutters, Antioch, has some suggestions for Home Economist Joan Clement in the way of hair styles. Jerry, who will be among many local businesses represented at Homemakers Show, will be happy to share his suggestions with those who visit the show April 26.— Photo By Rex Merriweather.

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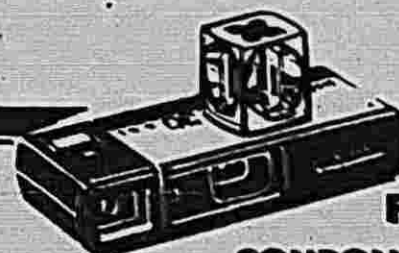
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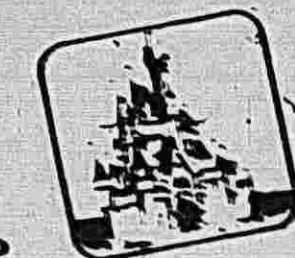


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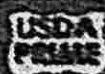
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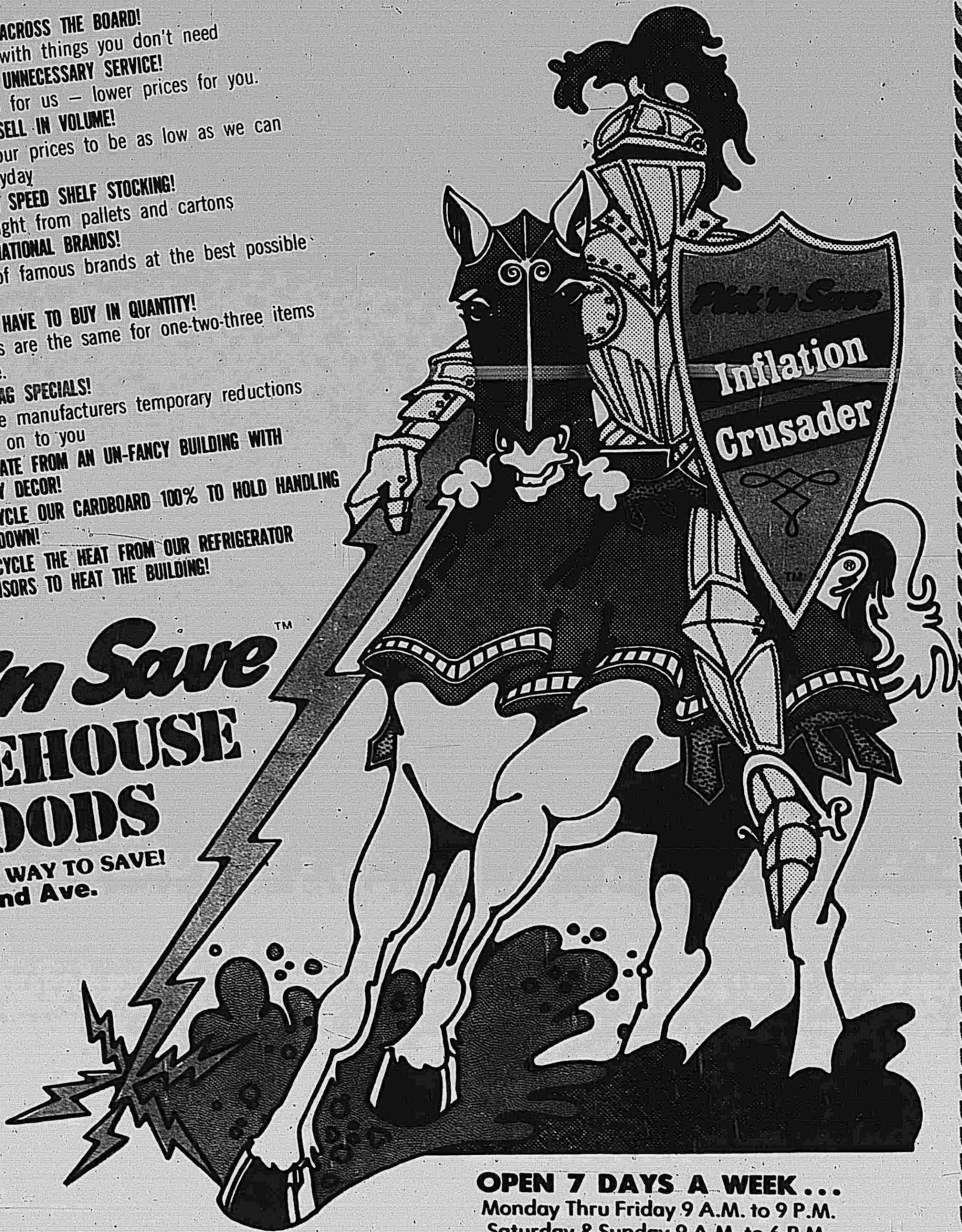
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Try These For Sunday Guests

Looking for a new way to entertain? Invite a few friends over for an informal Sunday brunch. Preparations for such a party are comparatively simple, and the hour lends itself to a relaxing time for all, according to Joan Clement, Home Economist for the Homemakers '79 Cooking School. The Homemakers School will be held on April 26 at Antioch Upper Grade School with the demonstration starting at 7:30 p.m.

If it is a nice day, have your brunch outdoors on the patio or in the yard suggests Miss Clement. Whatever the location, set a pretty table keeping it informal, but colorful.

An American invention, brunch was first popularized in New Orleans during the 19th Century. Generally served between eleven and one, brunch menus range from traditional breakfast fare to anything you might serve for a light lunch.

Miss Clement urges selecting food that is simple to prepare, yet satisfying. In spite of the hour this is the first meal of the day, so appetites will be high. Start with a big bowl of chilled

fresh fruits (prepared the night before, of course). Egg-Vegetable Scramble is the star attraction—a tempting platter with a taste to match.

Hot ham slices surround well seasoned scrambled eggs topped with a medley of sautéed vegetables—zucchini, tomatoes, green pepper and onions. Enhanced by the buttery flavor of Blue Bonnet Margarine, this delicious dish will bring compliments galore.

Warm home-made bread is a must for any brunch, and these Pineapple Oatmeal Muffins can be mixed together in minutes. Just wait until you smell the aroma! Rich and flavorful, they too have Blue Bonnet's buttery taste.

Miss Clement also reminds you of another brunch party bonus—you aren't stuck with dishes and clean-up in the wee hours of the morning. Most of the afternoon is still yours so relax and enjoy!

EGG-VEGETABLE SCRAMBLE

4 tablespoons Margarine
1 cup chopped onion
1 cup green pepper strips
2 cups sliced zucchini

1 cup diced fresh tomato
½ teaspoon rosemary leaves
½ teaspoon salt
¼ teaspoon pepper
8 eggs
8 slices hot cooked ham, rolled.

Melt two tablespoons margarine in a skillet. Sauté onion and green pepper for two minutes. Add zucchini, tomatoes, rosemary, salt and pepper. Stir to combine. Cover and let simmer for 10 minutes or until vegetables are tender.

Scramble the eggs in remaining two tablespoons margarine. Place eggs on serving platter. Surround eggs with rolled ham slices. Top with cooked vegetables. Makes eight servings.

PINEAPPLE OATMEAL MUFFINS

1 cup quick-cooking rolled oats
1 cup milk
1 cup unsifted flour
2 tablespoons light brown sugar
1 ½ tablespoons baking powder
½ teaspoon salt
1 teaspoon grated orange peel
¼ cup (½ stick) melted margarine

1 egg
1/3 cup pineapple preserves
margarine
Combine oats and milk; let stand 15 minutes.

In a large bowl blend together flour, sugar, baking powder, salt and orange peel. Combine milk mixture, melted margarine and egg.

Add to dry ingredients with preserves. Stir just until dry ingredients are moistened. Spoon batter into 12 well-greased 2-½ by 1-¼ inch muffin pans.

Bake at 400 degrees F. 25 to 30 minutes, or until done. Serve warm with margarine. Makes 12 muffins.



Sundy Brunch

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Try A Treat For Family Fisherman

Fishing is a popular pastime activity. If the fisherman in your family enjoys dropping anchor in a secluded lake cove or out on the high seas, he's going to expect a tasty fish entree for his evening meal when he returns home.

To satisfy the yearning for fish, we suggest serving Fish Fillet Roli-Polies. If you usually shy away from cooking fish because of the mess and odor, don't despair! Aluminum foil keeps the fillets moist and flavorful.

These tasty fish fillets with savory sauce lend a gourmet look to your meal, yet are economical to prepare. Add to the recipe's versatility by using frozen fillets which let this differently delicious dish be

enjoyed by your family all year long.

FISH FILLET ROLI-POLIES

4 fresh or frozen fish fillets
1 cup packaged bread stuffing
1 cup coarse cracker crumbs
4 tablespoons chopped parsley
1/4 cup finely chopped onion
1/4 cup finely chopped celery
1/4 teaspoon salt
1/8 teaspoon pepper
1 tablespoon lemon juice
4 tablespoons melted margarine

Thaw fish, if frozen. Cut four squares of heavy duty aluminum foil. Place a fillet in center of each square. Set aside. Stir together

remaining ingredients, adding just enough boiling water to moisten stuffing. Spoon onto center of each fillet and roll up. If necessary, tie with soft string or secure with toothpicks.

Brush each roll with additional melted margarine and sprinkle with additional lemon juice, salt and pepper. Bring opposite ends of foil up over each roll and overlap one inch or more. Turn up open ends. Place on shallow pan. Bake in a 400 degree F. oven about 35 minutes or until fish flakes easily when tested with fork.

To serve, slip foil packages onto serving platter. Open foil and turn back attractively. Serve with Mornay Sauce.

MORNAY SAUCE
2 tablespoons margarine
1 1/2 tablespoons flour
1 cup milk
1/2 teaspoon salt
Dash each of black, pep-

per, paprika and cayenne
1/4 cup shredded American cheese
2 tablespoons lemon juice
Melt margarine and stir in flour. Cook two minutes.

Add milk, salt, black pepper, paprika and cayenne. Cook until smooth, stirring constantly. Add cheese and lemon juice, stirring until blended.



Rolli-Polies

Shrimp Man, You Can Enjoy These

"Oh, lady, if yo' want to see somethin' fine, Jes' look in dis li'l green cyaht ob mine, An' you will see de tender, pure raw s'rimp."

This song has greeted the people of Charleston, South Carolina every morning for many, many years. It is the song of the shrimp-man, bearing baskets of shrimp and singing about his wares.

Joan Clement, Home Economist for the upcoming Homemakers School tells us that since colonial times, shrimp has found its way to Charleston tables in a variety of tempting dishes—pilaus, puddings, pies, patties; combined with hominy, rice, corn, tomatoes.

An inviting entree for family meals or entertaining, this Shrimp Bake is easy and quick to make. She suggests completing the meal with a crisp green salad and a hot bread.

CHARLESTON SHRIMP BAKE

1/4 cup (1/2 stick)

margarine
1/4 cup fine dry bread crumbs
1 1/2 cups chopped green pepper
1/4 cups chopped onion
4 cups stale bread cubes
1 1/2 teaspoons salt
1/4 teaspoon pepper
1 can (pound) tomatoes, undrained
1 1/2 pounds uncooked medium shrimp, shelled and deveined

Melt margarine in a large skillet. Remove one tablespoon margarine and mix thoroughly with bread crumbs; set aside.

Add green pepper and onion to margarine remaining in skillet. Cook over medium heat, stirring occasionally until tender, about five minutes. Mix in bread cubes, salt, pepper, tomatoes and shrimp. Turn mixture into a two quart oblong baking dish. Sprinkle with bread crumb mixture.

Bake at 350 degrees F. 25 to 30 minutes, or until shrimp are done. Makes four to six servings.

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IN EVENING SPIRIT—Liz Lofgren holds one of many beautiful spring fashions which will be displayed as part of fashion show during Homemakers '79 Cooking Show April 26. Latest in spring fashions will be shown by local merchants.

WINE:

Chicken, Cornish Hens Come Alive With Wine

Score that extra point with your guests following the baseball game by serving a special buffet. Broiled chicken or Cornish Game Hens with a piquant wine marinade can be the star attraction with spicy Barbecued Beans as the ideal accompaniment.

You'll want to serve chilled Chablis Blanc from the Ernest & Julio Gallo Winery. Since its crisp flavor makes it a perfect aperitif, you can serve it as soon as your guests arrive for the 'kick-off.

THE FAMILIAR flavor of broiled chicken takes on a special flavor when two Gallo wines contribute their character to the marinade. Lemon goes in too, along with thyme and some other seasonings. The result is a succulent chicken with intriguing flavor.

You'll be the real hero of the day with these two favorites on the buffet table.

MARINADE FOR BROILED CHICKEN

2/3 cup Gallo Chablis Blanc or Rhine
1/4 cup Gallo Extra Dry Vermouth
2/3 cup salad oil
2 teaspoons onion powder
2 teaspoons seasoned salt
1 teaspoon paprika
1 teaspoon thyme
1/4 cup lemon juice
1/8 teaspoon pepper

Combine all ingredients; mix well. Spoon one tablespoon of marinade into cavity of each chicken or Cornish game hen. Use remainder to baste frequently during cooking. Makes 1 1/2 cups.

BARBECUE BEANS

1 can (1 lb. 14 oz.) small red beans
1/4 lb. salt pork or bacon

1/2 cup chopped onion
1 small clove garlic, minced
1/3 cup tomato paste (1 1/2-6 oz. can)
1 tablespoon prepared mustard
1/4 cup Gallo Hearty Burgundy
1 tablespoon brown sugar
1 tablespoon wine vinegar
1 teaspoon Worcestershire sauce
1/4 teaspoon salt

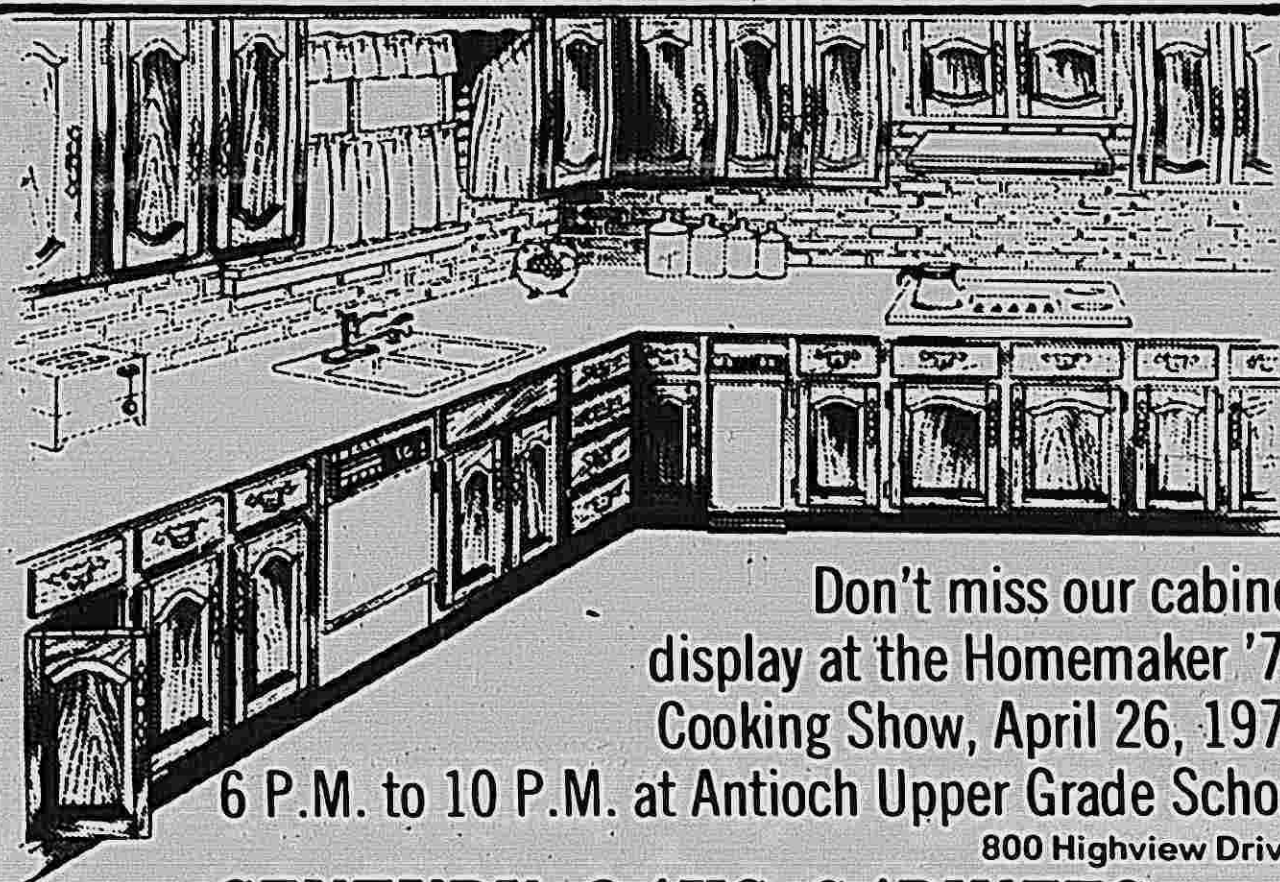
Drain beans, reserving liquid. Cut salt pork or bacon in 1/2 in. cubes. Saute until golden brown. Drain off and discard all but one teablespoon fat. Add onion and garlic, and saute until soft but not brown. Add tomato paste, mustard, wine, brown sugar, vinegar, Worcestershire sauce and salt. Add beans, and 1/2 cup liquid from beans; simmer about 10 minutes. Serves four.

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An English Heritage Flavors Our Cooking

This nation's English heritage has had a strong influence on American cooking.

British cuisine is a simple, basic kind of cookery that allows the flavors of the food to come through. And it adapts ideally to chicken.

ACCORDING TO inventories, chicken was among food served by the

ROASTED CHICKEN FEAST

1 large broiler-fryer, whole
1 teaspoon salt
1 tablespoon lemon pepper
4 small potatoes, quartered
4 small onions, quartered
4 carrots, quartered
4 cups water

Sprinkle outside and inside of chicken with salt and lemon pepper. Stuff vegetables in cavity of

chicken; lace or pin cavity shut. Place on rack in roasting pan, breast side down. Pour two cups water in bottom of roaster. (Do not allow water to touch broiler-fryer.) Roast at 325 degrees F. for 45 minutes. Turn breast side up, add two cups water to roasting pan and continue to roast for additional 45 minutes. Serves 4-6.

earliest settlers at Jamestown. And even today, aromas of chicken roasting in the oven often provoke nostalgic memories of "the good old days" when families gathered for Sunday dinner.

Whole stuffed chicken, carved with a flourish at the table, is still the traditional Easter dinner in England. But British cooks, like those in America, long ago discovered the versatility of chicken — the ease with which it adapts to new ways of preparation and its compatibility with so many different foods.

The National Broiler Council has taken two typically British recipes and given them an up-to-date approach without sacrificing any of the traditionally forthrightness and quality.

"Roasted Chicken Feast" is a whole broiler-fryer chicken with vegetables cooked in the cavity — a complete meal that cooks in the oven while you're doing something else. It's elegant enough for a fancy dinner yet so simple you'll serve it often to your family. And in true British tradition, it relies on the ingredients rather than spices or sauces for flavor.

THE SECOND RECIPE, "Chicken 'n Muffins," is

CHICKEN 'N MUFFINS

1 broiler-fryer chicken, stewed
4 tablespoons Blue Bonnet margarine
1 cup onions, chopped
2 cups fresh mushrooms, sliced
1/8 teaspoon salt
1/8 teaspoon pepper
1 can (10 oz.) cream of chicken soup
6 sour dough English muffins, split, buttered and heated
3 large tomatoes, sliced (12 slices)
1/4 cup Parmesan cheese, grated

Remove skin and bones from stewed chicken, chop meat (three cups approximately). Melt margarine in large skillet. Sauté onions and mushrooms. Stir in chopped chicken and cream of chicken soup. Salt and pepper to taste. Heat buttered English muffins until hot. Spread chicken mixture on hot muffins. Top with slice of tomato and sprinkle with Parmesan cheese. Broil about five minutes or until cheese bubbles. Serves 12.

hearty enough for a typical English breakfast or for its American counterpart, brunch. It is also delicious



READY TO BUY? Gary Klean of Lyons-Ryan Ford Lincoln-Mercury, Antioch, explains 1979 model line to Home Economist Joan Clement upon her first day in Antioch. Lyons-Ryan will be one of many local merchants with displays at Homemakers '79 Cooking Show. — Photo By Rex Merriweather.

for lunch or supper — even for a buffet party. And the spread can be made ahead of time and re-heated when ready to serve.

Around the world, chicken provides high quality, complete protein so vital to

balanced diets. Chicken's low calorie, low fat content is also widely recognized by today's nutrition-conscious homemakers. More ideas using chicken will be shared by Joan Clement, Home Economist, at the

Homemakers School on April 26.

Substantial, uncomplicated British ways with chicken are easy to reproduce and provide welcome variety to menus of any household.



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Chicken Makes Points On The Dinner Table

In most homes chicken appears on the family dinner table at least once a week; sometimes more often. Joan Clement, Home Economist for the Antioch News, Antioch Reporter and Bi-State Reporter Homemakers School, points out that in spite of rising food prices, chicken remains a "best buy". She said that its

delicate flavor makes it a food popular with every member of the family.

NUTRITIVE VALUE of food is now a concern for many. The nutritive value of chicken varies according to the part selected but few foods can duplicate its nutritive profile.

Joan Clement notes that chicken is an excellent source

of high quality protein, rich in the essential amino acids that are indispensable for building, maintaining and replacing the body's tissues, muscles and cells. And this is teamed with the characteristic of being low in saturated fats and lower than most meats in total fat content.

After purchasing fresh

chicken it should be kept for no more than two days in the coldest part of the refrigerator to maintain maximum quality. If the chicken will not be used in that period of time, it should be frozen.

UNCOOKED CHICKEN may be frozen whole or in parts. Use moisture-vapor-proof material such as heavy-duty aluminum foil, freezer paper and plastic freezer bags of good quality. Chicken frozen at 0 degrees will keep four to six months.

Cooked chicken should be frozen using the same techniques and materials as raw chicken. Frozen at 0 degrees cooked chicken will

keep six months.

Frozen chicken should be thawed in the refrigerator with the wrapping loosened for about 12 hours. It may also be thawed more rapidly by immersing still wrapped chicken in cold water.

Chicken is fully-cooked when a fork can be inserted into the meat with ease. If testing a whole chicken the leg should move readily when lifted or twisted or a thermometer can be inserted into the thickest part of the thigh muscle. The temperature should register 190 degrees.

OCCASIONALLY, even though the chicken is fully cooked, the meat next to the

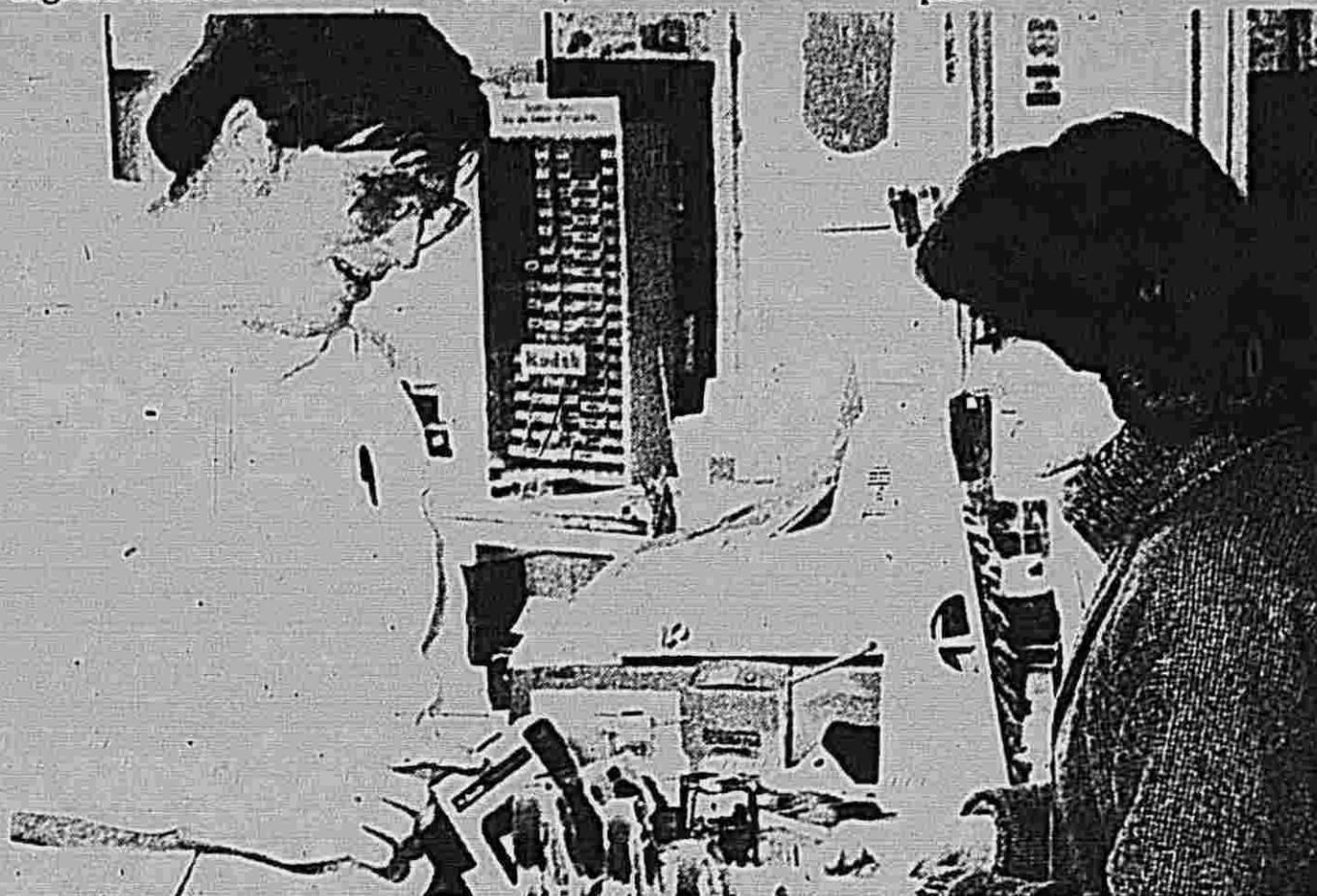
bone is pink. This is due to the reaction of natural nitrogen-containing material during cooking. In spite of the pink color the chicken is quite well done.

Joan Clement, reminds us that whenever handling raw chicken, the surfaces to which it has come in contact should be thoroughly cleaned with hot soapy water before going on to other food preparation.

You'll see recipes using chicken demonstrated at the Homemakers School on Thursday, April 26 in the Antioch Upper Grade School at 7:30 p.m. Doors open at 6 p.m.



TIPS OF THEIR OWN— Frank Savino, Jr., left, and Frank Savino Sr. of Countryside Bakery, Lindenhurst, have some baking tips of their own for Home Economist Joan Clement who will present Homemakers '79 Cooking Show April 26 at Antioch Upper Grade School. Countryside Bakery will be one of many local businesses participating in the Homemaker's Show.— Photo By Rex Merriweather.



LATEST IN PHOTOS— Ed Bakshis of E. J.'s Camera, Antioch, explains the latest in cameras to Home Economist Joan Clement as she met with local merchants who will be participating in Homemaker's '79 Cooking Show.— Photo By Rex Merriweather.



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Pancakes Are Good Anytime Of The Day

Many recipe ideas will be demonstrated at the Homemakers School on April 26 at Antioch Upper Grade School. These three recipe ideas were recently shared by Home Economist Joan Clement.

Corn, potatoes and buckwheat are popular in pancake batters, and in Louisiana, where rice is served regularly, Creole cooks make rice pancakes. The idea for the pancake dates back to the famous New Orleans Callas, the deep fried rice cake which was once sold by street vendors on Sunday mornings and enjoyed as a special

breakfast treat.

Good any time of the day, rice pancakes can be served for brunch along with poached apples and a cheese sauce or as a meat accompaniment for dinner. So try the following recipes for a versatile breakfast, lunch or dinner treat.

RICE PANCAKES

- 1 cup unsifted flour
- 1/2 teaspoon salt
- 2 eggs, slightly beaten
- 1 cup milk
- 1/4 cup light corn syrup
- 2 cups cooked rice
- one third cup corn oil

In mixing bowl stir together flour and salt. Add eggs, milk and corn syrup;

mix until smooth. Stir in rice. Heat about two tablespoons corn oil on griddle or skillet over medium heat. Using 1/4 cup batter for each pancake, pour batter onto griddle and spread, if necessary. Cook, turning once, until golden brown on both sides and edges are crisp. Continue frying pancakes, adding corn oil as needed. Keep warm while cooking remaining pancakes. Makes 16 5-inch pancakes.

RAISIN PANCAKES:

Follow recipe for rice pancakes adding 1/2 cup raisins with rice.

TANGY APPLES

- 3/4 cup light corn syrup
- 2 tablespoons margarine
- 2 tablespoon lemon juice
- 1 teaspoon grated lemon rind

2 1/4 cups slice, peeled apples

In medium saucepan mix together corn syrup, margarine, lemon juice, and lemon rind. Bring to boil over medium heat. Boil five

minutes. Add apple slices, cover and reduce heat. Simmer five minutes. Use as a topping for pancakes. Makes six servings.

CHEESE SAUCE

- 1 tablespoon margarine
- 1 tablespoon corn starch
- 1 cup milk
- 1/2 teaspoon salt
- Dash pepper
- 8 ounces American or

Cheddar cheese, shredded (two cups)

In small saucepan melt margarine. Remove from heat. Stir in corn starch. Gradually mix in milk, salt and pepper. Bring to boil over medium heat, stirring constantly, and boil minute. Stir in cheese; heat until melted. Makes about 1 1/2 cups.



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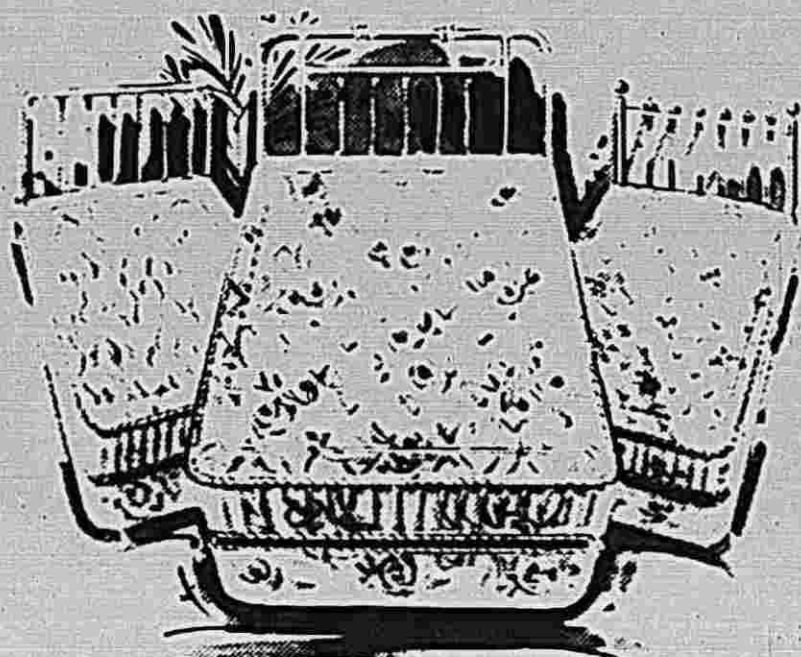
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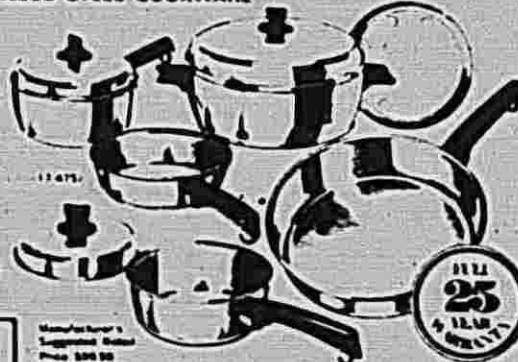
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Chicken Important In African Cooking

African cooking has influenced American cuisine for over 300 years.

That continent itself is immense, a fifth of the world's land surface, and culinary customs are extremely diverse. But throughout Africa, as all across America, chicken is an important part of the diet.

IN SOME areas of Africa, chicken (especially stew) is seasoned with fiery spices. In others, it is marinated with fresh lemon juice, as

much for tenderizing as for delicate flavor. Peanut sauces are indispensable in West African cooking and goes particularly well with chicken.

African cooks also have inventive ways with the banana, coconut milk, cashew nuts and a wide variety of fruits and vegetables. Combinations of these traditional foods with chicken have produced many truly distinctive dishes.

Home economists Joan Clement, says that according to the National Broiler Council, Americans will average eating more than 40 pounds of chicken each this year. Chicken is both economical and nutritious but it need not be monotonous even when it is served so frequently. Joan Clement will be sharing more ideas using chicken at Antioch News, Antioch Reporter, and Bi-State Reporter Homemakers School on Thursday, April 26.

To vary your menus and introduce your family to the rich heritage of African cookery, try some of the chicken dishes which characterize the cuisine of that ancient culture. Many adapt well to American ways and utilize local foods.

IN SOUTH AFRICA, roast chicken with grape stuffing is a favorite on Sundays when the main meal is eaten in the middle of the day, after church. From Central Africa comes delicious chicken gumbo, a tasty combination of chicken cooked with okra and tomatoes.

In the hot valley of the Zambesi River, chicken is a common substitute for red meat. It's often cut up, rubbed with salt, pepper, garlic and chili powder, marinated in lemon juice and grilled. Mozambique Chicken is frequently cooked in coconut milk with tomatoes and hot chilies and served on rice.

The two recipes below have been adapted by the National Broiler Council from authentic African dishes for easy preparation in American kitchens. African Barbecued Chicken (cooked in the oven) has a sauce made with peanut butter and is garnished with boiled egg slices.

TANZANIAN CHICKEN, cooked in a skillet, is served on rice with flaked coconut, raisins and chopped peanuts. In Africa, the rice would be

boiled in coconut milk but this Americanized version utilizes chicken broth, which is more readily available and is quite tasty.

AFRICAN

BARBECUED CHICKEN
1 broiler-fryer chicken, cut in serving parts
16-ounce can tomato paste
1/2 cup water
1/2 cup vinegar
1 small onion, minced
2 tablespoons Worcestershire sauce
3 tablespoons peanut butter
1 teaspoon dry mustard
1 teaspoon salt
dash cayenne pepper
2 hard cooked eggs, sliced
Mix tomato paste, water, vinegar and minced onion. Stir in the Worcestershire sauce, peanut butter, mustard, salt and cayenne pepper. Roll chicken parts in sauce, then place in two-quart casserole dish. Pour remaining sauce

over chicken, cover and marinate in refrigerator at least eight hours or overnight. Bake at 325 degrees for 1 1/2 hours. Prior to serving, arrange egg slices over chicken. Serves: four to six.

TANZANIAN CHICKEN

1 small broiler-fryer chicken, cut in serving parts
1/2 cup Pillsbury's Best All Purpose or Unbleached Flour
1 teaspoon salt
1/2 teaspoon pepper
1 1/2 cups peanut oil
2 cups chicken broth
1 cup raw white rice
1/2 teaspoon salt
1/2 teaspoon pepper
1/2 cup flaked coconut
1/2 cup raisins
1/2 cup roasted salted peanuts, chopped
Heat peanut oil in large skillet over high setting. Mix flour, one teaspoon salt and 1/2 teaspoon pepper. Coat

chicken completely with flour. Fry chicken parts in hot oil, turning to brown evenly for approximately 30 minutes. While chicken is frying, bring chicken broth to boiling. Stir in rice, 1/2 teaspoon each of salt and pepper.

Cook rice approximately 20 minutes or until liquid is absorbed. Stir coconut and raisins into rice and recover for five minutes over low setting. When chicken is done, remove from skillet.

Drain off all peanut oil but reserve drippings. Stir cooked rice mixture into skillet with drippings, mixing ingredients thoroughly.

To serve, arrange cooked rice on large platter, sprinkle with chopped peanuts, place fried chicken parts on top of rice. Garnish with fresh orange or mango slices. Serves: four to six.



SMART LOOK— Candy Ahlstromer models smashing suit which will be among latest fashions shown at Homemakers '79 Cooking Show April 26 at Antioch Upper Grade School. Local fashion centers such as Four Squires, Barnstables, Left Bank, B. J.'s Fashions, The Carousel, Stanley's Men's Fashions, The Globe and The Shoe Box will parade the latest in men's and women's daytime, casual and evening wear before those who attend.



AFRICAN DELIGHT — Marinated in a tasty peanut butter-tomato sauce, African Barbecued Chicken is oven cooked, an Americanized version of a typical African dish.

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KRAFT Barbecue Sauce
KRAFT Caramels
Nabisco Premium Saltine Crackers
Pork
Reynolds Wrap
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Vitamins

This Homemakers School is brought to you by
LAKELAND NEWSPAPERS

Thursday, April 26, 1979

Antioch Upper Grade School

800 Highview Drive — Antioch, Illinois

6:00 P.M. to 10:00 P.M.

This is the Homemakers School you've heard good things about!

Key To Pork Is Moderate Temperature

Crisp days, reddening leaves, weekend trips to packed stadiums. They all go together to make fall one of the year's favorite seasons.

And you can make it even better by entertaining your family and friends with pork steaks. They're easily prepared, delicious and nutritious.

THE STEAKS are boned, cut into serving pieces and browned. Rice, onions, green peas and olives add flavor and color.

According to Joan Clement, Homemaker's School Home Economist, one of the secrets to successful pork cookery is to use a low to moderate temperature. Today's more lean and tender pork requires a shorter total cooking time. A real asset for the busy consumer.

Pork is more than good eating. It is outstanding in nutritive value. It is a major dietary source of the B vitamins, especially thiamin. Pork provides protein of the highest quality. It is also high in iron and is one of the most completely digested and utilized foods. And the weight conscious can include pork in the diet as there are about 70 calories per ounce in cooking lean pork. More ideas using pork will be shared at the upcoming Homemakers School sponsored by the Antioch News, Antioch Reporter and Bi-State Reporter.

You'll like the easy to prepare and tasty Pork Risotto. Complete the meal with spinach salad, hot rolls and apple pie for a real pork-fest.

PORK RISOTTO

2 pounds pork shoulder steaks cut 1/2 to 3/4 inch thick
1 tablespoon shortening
2 teaspoons salt
1/2 cup water
1 cup long grain rice (not quick cook)
1/2 cup chopped onion
1 can (13 3/4 oz.) chicken broth
1/4 teaspoon leaf thyme, optional

1 package (10 oz.) frozen peas, defrosted
1/4 cup sliced stuffed olives
Trim meat from bones; cut into serving pieces. Brown meat on both sides in shortening in 10 or 12-inch frying pan. Sprinkle one teaspoon salt over meat. Add 1/4 cup water; cover and cook over low heat about 45 minutes or until meat is almost tender.

Remove meat from pan; keep warm. Stir rice and onion into pan drippings. Add chicken broth, remaining 1/4 cup water, one teaspoon salt and thyme, if used. Bring to simmering stage. Top with reserved pork. Cover; cook over low heat until meat and rice are tender and liquid absorbed.

Stir in peas and olives. Cover and heat until peas are tender, about eight minutes. Yield: six servings.



PORK RISOTTO

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STORE HOURS TO SAVE MORE MONEY

MON.-THURS. 9 A.M.—7 P.M., FRI. 9 A.M.—8 P.M., SAT. 9 A.M.—6 P.M. CLOSED SUNDAY

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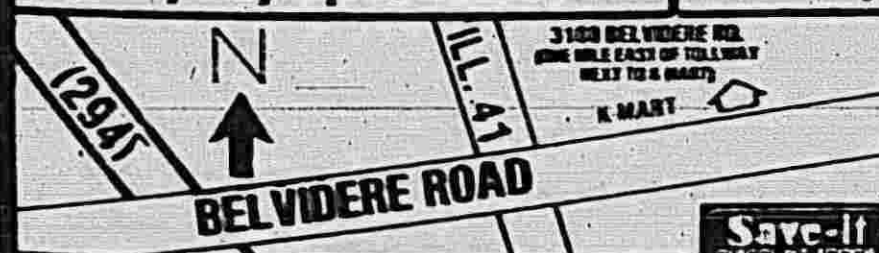
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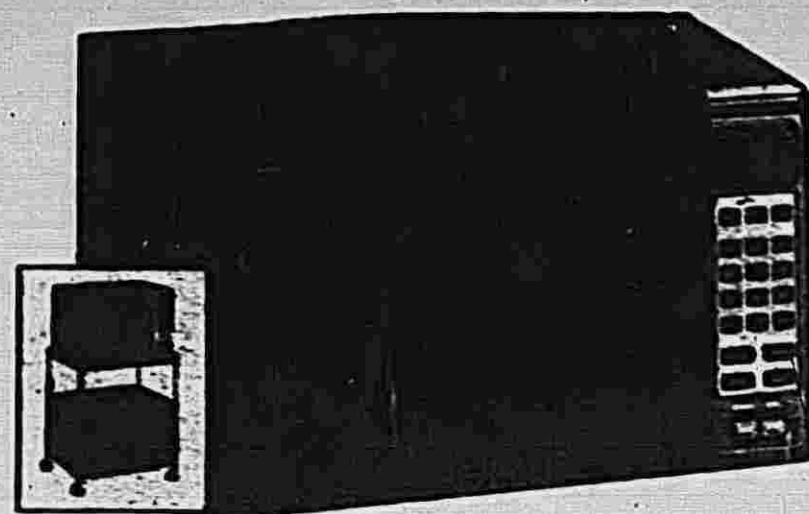


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Saturday, April 21, 1979

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<p>Fresh</p> <p>Broccoli</p> <p>49¢ Lb.</p>	<p>Roundy's</p> <p>Tomatoes</p> <p>3/99¢ 16-Oz. Cans</p>			